

# Garstang Running Club

## Guy's 10 Mile Road Race 6/12/09

PROVISIONAL RESULTS

| <u>Pos</u> | <u>Time</u> | <u>Name</u>            | <u>No</u> | <u>Cat</u> | <u>Club</u>             | <u>Pos</u> | <u>Time</u> | <u>Name</u>         | <u>No</u> | <u>Cat</u> | <u>Club</u>            |
|------------|-------------|------------------------|-----------|------------|-------------------------|------------|-------------|---------------------|-----------|------------|------------------------|
| 1          | 0:48:52     | Antony Ford            | 996       | M          | Sale Harriers Ac        | 51         | 1:04:16     | Stephen Coleman     | 10        | MV45       | Astley & Tyldsley Road |
| 2          | 0:49:01     | Ben Fish               | 194       | M          | Blackburn Harriers      | 52         | 1:04:24     | David Jackson       | 998       | M          | Horwich Rmi Harriers   |
| 3          | 0:53:12     | Gary Priestley         | 212       | M          | Horich Rmi Harriers     | 53         | 1:04:45     | Lee Barlow          | 182       | M          | Wesham Road Runners    |
| 4          | 0:53:28     | Anthony Valentine      | 219       | M          | Bolton Harriers         | 54         | 1:04:48     | Chris Wilson        | 108       | M          | Preston Harriers       |
| 5          | 0:54:01     | Steve Littler          | 227       | M          | Wesham Road Runners     | 55         | 1:04:51     | Paul Hindmarch      | 205       | MV40       | Clayton Harriers       |
| 6          | 0:54:24     | Richard Howarth        | 230       | M          | Horich Rmi Harriers     | 56         | 1:04:54     | Rufus Bennett       | 244       | MV40       | Astley & Tyldesley     |
| 7          | 0:54:39     | Andy Buttery           | 11        | M          | Rossendale Harriers     | 57         | 1:04:56     | Mary- Anne Tracey-  | 119       | L          | Astley & Tyldesley     |
| 8          | 0:54:58     | Michael Whyatt         | 188       | MV45       | Garstang Running Club   | 58         | 1:04:57     | Tim Lane            | 218       | M          | Uni Central Lancs      |
| 9          | 0:55:35     | Adam Hulme             | 139       | M          | Lancaster & Morecambe   | 59         | 1:05:47     | Phil Walsh          | 64        | MV55       | Preston Harriers       |
| 10         | 0:55:51     | Adam Elliott           | 941       | M          | Sale Harriers           | 60         | 1:06:10     | Paul Jackson        | 302       | MV40       | Chorley Harriers       |
| 11         | 0:56:33     | Jonathan Green         | 92        | M          | Preston Harriers        | 61         | 1:06:17     | Pete Waywell        | 151       | MV40       | Wesham Road Runners    |
| 12         | 0:56:35     | Steve Hallas           | 937       | M          | Preston Harriers        | 62         | 1:06:21     | Sarah Nield         | 951       | LV35       | Unattached             |
| 13         | 0:56:54     | Steve Hebblethwaite    | 261       | M          | Keswick                 | 63         | 1:06:22     | Alan Hudson         | 167       | MV60       | Wesham Road Runners    |
| 14         | 0:57:22     | Keith Johnston         | 242       | M          | Chorley Harriers        | 64         | 1:06:29     | Stuart Roberts      | 127       | M          | Preston Harriers       |
| 15         | 0:57:42     | Simon Ford             | 959       | M          | Astley & Tyldesley      | 65         | 1:06:30     | Carmel Sullivan     | 924       | LV40       | Wesham Road Runners    |
| 16         | 0:58:17     | Paul Muller            | 303       | MV50       | Horwich R M I           | 66         | 1:06:33     | Michael Hogan       | 69        | MV40       | Clayton Le Moors       |
| 17         | 0:58:52     | Mark Lee               | 59        | MV45       | Preston Harriers        | 67         | 1:06:34     | Wayne Roberts       | 72        | MV40       | Spectrum Striders      |
| 18         | 0:58:54     | John Chaplin           | 226       | MV50       | Blackburn Harriers      | 68         | 1:07:02     | Neil Smith          | 159       | MV45       | Lostock A C            |
| 19         | 0:59:19     | Candice Taylor         | 32        | L          | Clayton Le Moors        | 69         | 1:07:08     | Dave Earnshaw       | 866       | MV50       | Red Rose R R           |
| 20         | 1:00:07     | Martin Firth           | 60        | MV50       | Queensbury R C          | 70         | 1:07:12     | Colin Laidlaw       | 134       | MV50       | Lytham St Annes Road   |
| 21         | 1:00:15     | Matt Wilson            | 310       | M          | Kendal A C              | 71         | 1:07:16     | Martin Bland        | 232       | MV45       | Accrington R R         |
| 22         | 1:00:27     | Duncan Anderson        | 964       | M          | Tri Preston             | 72         | 1:07:20     | Dave Robson         | 207       | MV40       | Blackpool Wyre & Fylde |
| 23         | 1:00:30     | Dominic Howell         | 90        | M          | Clayton Le Moors        | 73         | 1:07:22     | Unknown             | 100       |            | Unknown Runner         |
| 24         | 1:00:31     | Brian Fogarty          | 160       | M          | Blackburn Harriers      | 74         | 1:07:27     | Philippa Walsh      | 63        | LV45       | Preston Harriers       |
| 25         | 1:00:35     | Stephen Morran         | 17        | MV55       | Northern Vets           | 75         | 1:07:28     | David Constance     | 240       | MV45       | Cannock & Stafford A C |
| 26         | 1:00:38     | Thornton Taylor        | 201       | MV50       | Rossendale              | 76         | 1:07:33     | John Appleton       | 144       | MV55       | St Helens Sutton Ac    |
| 27         | 1:00:39     | Gemma Unsworth         | 22        | L          | Blackpool Wyre & Fylde  | 77         | 1:07:35     | Alan Appleby        | 225       | MV60       | Preston Harriers       |
| 28         | 1:00:42     | Alex Cran              | 162       | M          | Clayton Le Moors        | 78         | 1:07:38     | Jacqueline Redmayne | 150       | LV35       | Chorley Harriers       |
| 29         | 1:00:46     | Graham Morris          | 917       | MV45       | Accrington R R          | 79         | 1:07:50     | Anne Sweeney        | 122       | LV50       | Preston Harriers       |
| 30         | 1:00:59     | Paul Archer            | 198       | MV40       | Clayton Le Moors        | 80         | 1:07:52     | Jamie Quarrie       | 844       | M          | Lancaster & Morecambe  |
| 31         | 1:01:13     | John Shepherd          | 881       | MV40       | Red Rose R R            | 81         | 1:07:58     | Chris Heys          | 936       | M          | Chorley Harriers       |
| 32         | 1:01:14     | Sarah Ridehalgh        | 994       | L          | Accrington R R          | 82         | 1:08:00     | Tom Rowley          | 311       | M          | Blackpool Wyre & Fylde |
| 33         | 1:01:24     | David Sturrock         | 89        | M          | Accrington Road         | 83         | 1:08:05     | Stephen Perry       | 120       | MV50       | Lancaster & Morecambe  |
| 34         | 1:01:27     | Stuart Williams        | 986       | MV40       | Blackpool Wyre & Fylde  | 84         | 1:08:14     | Susan Burns         | 177       | LV50       | Clayton Harriers       |
| 35         | 1:01:44     | Andy Staveley          | 882       | MV45       | Burnden Road Runners    | 85         | 1:08:21     | Andy Fryer          | 191       | MV45       | Unattached             |
| 36         | 1:01:56     | Graham Arthur Cunliffe | 83        | MV50       | Wesham Road Runners     | 86         | 1:08:28     | Stuart Adamson      | 94        | M          | Horich Rmi Harriers    |
| 37         | 1:02:03     | Kevin Davies           | 236       | MV45       | Clayton Le Moors        | 87         | 1:08:32     | Andrew Taylor       | 202       | MV50       | Clayton Le Moors       |
| 38         | 1:02:12     | Russ Corsini           | 131       | MV50       | Darwen Dashers          | 88         | 1:08:37     | Uber Cirelli        | 143       | M          | Unattached             |
| 39         | 1:02:14     | Martin Bates           | 209       | MV50       | Wesham Road Runners     | 89         | 1:08:38     | Brett Schofield     | 126       | M          | Unattached             |
| 40         | 1:02:16     | Evan Cook              | 262       | MV55       | Blackburn Harriers      | 90         | 1:08:39     | Stasia Bligh        | 999       | L          | Blackpool Wyre & Fylde |
| 41         | 1:02:21     | Richard Jones          | 125       | M          | Garstang Running Club   | 91         | 1:08:58     | Glen Goodwin        | 869       | MV40       | Accrington R R         |
| 42         | 1:02:42     | Pedro Havelock         | 241       | M          | Stafford Triathlon Club | 92         | 1:09:05     | Brian Middleton     | 257       | MV55       | St Helens Striders     |
| 43         | 1:02:50     | Simon Bailey           | 912       | MV45       | Accrington R R          | 93         | 1:09:12     | Nick Higham         | 5         | MV40       | Lancaster And          |
| 44         | 1:03:36     | Peter Hopley           | 81        | MV40       | Lostock Ac              | 94         | 1:09:16     | Philip Butler       | 123       | MV45       | Red Rose R R           |
| 45         | 1:03:40     | John Bertenshaw        | 877       | MV50       | Wesham Road Runners     | 95         | 1:09:20     | Philip Dunn         | 15        | M          | Accrington Road        |
| 46         | 1:03:51     | Shaun Livesey          | 9         | M          | Accrington Road         | 96         | 1:09:22     | Sarah Sherratt      | 189       | LV35       | Wesham Road Runners    |
| 47         | 1:04:05     | Les Hill               | 181       | MV50       | Dumfries Running Club   | 97         | 1:09:23     | Greg O'brien        | 995       | MV40       | Preston Harriers       |
| 48         | 1:04:06     | Tracey Dutton          | 850       | LV35       | Wigan Phoenix           | 98         | 1:09:32     | Mike Eddleston      | 199       | MV50       | Clayton Le Moors       |
| 49         | 1:04:11     | Michael Edge           | 925       | MV45       | Wesham Road Runners     | 99         | 1:09:42     | Mark Lysycia        | 857       | MV45       | Astley & Tyldesley     |
| 50         | 1:04:15     | Garry Baines           | 98        | MV50       | Astley & Tyldesley      | 100        | 1:09:46     | Stephen Mort        | 978       | M          | Preston Harriers       |

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| <u>Pos</u> | <u>Time</u> | <u>Name</u>       | <u>No</u> | <u>Cat</u> | <u>Club</u>            | <u>Pos</u> | <u>Time</u> | <u>Name</u>         | <u>No</u> | <u>Cat</u> | <u>Club</u>             |
|------------|-------------|-------------------|-----------|------------|------------------------|------------|-------------|---------------------|-----------|------------|-------------------------|
| 101        | 1:10:05     | Melanie Koth      | 70        | LV35       | Lytham St Annes Road   | 151        | 1:15:01     | Rebecca Butterfield | 251       | L          | Lancaster & Morecambe   |
| 102        | 1:10:11     | Paul Atkinson     | 82        | MV40       | Unattached             | 152        | 1:15:06     | John Langhan        | 957       | MV40       | Preston Harriers        |
| 103        | 1:10:14     | Robert Kellett    | 87        | MV40       | Royton Road Runners    | 153        | 1:15:07     | Jeff Wright         | 885       | MV50       | Blackpool Wyre & Fylde  |
| 104        | 1:10:16     | John Foulds       | 971       | MV50       | Accrington R R         | 154        | 1:15:09     | Mark Procter        | 79        | M          | City Of Lancaster       |
| 105        | 1:10:24     | Mark Willett      | 136       | M          | Unattached             | 155        | 1:15:13     | Ben Layzell         | 923       | M          | Unattached              |
| 106        | 1:10:35     | Ian Cox           | 863       | MV40       | Accrington R R         | 156        | 1:15:18     | Chris Lowe          | 956       | M          | Unattached              |
| 107        | 1:10:42     | Simon Wilson      | 27        | MV50       | Lancaster And          | 157        | 1:15:20     | Liz Turton          | 118       | LV50       | Stockport Harriers      |
| 108        | 1:10:49     | David Darton      | 110       | MV50       | York Knavesmire        | 158        | 1:15:29     | Barbara Rusling     | 132       | LV45       | Maltby Running Club     |
| 109        | 1:11:02     | David Graham      | 148       | MV55       | Accrington Road        | 159        | 1:15:30     | Bernard Brown       | 54        | MV45       | Unattached              |
| 110        | 1:11:03     | Graham Pomfret    | 196       | MV60       | Blackburn Harriers     | 160        | 1:15:37     | Gerald Kitchen      | 309       | MV55       | Accrington Road         |
| 111        | 1:11:07     | Sian Finlay       | 179       | LV40       | Dumfries Running Club  | 161        | 1:15:45     | Michael Malcolm     | 247       | MV40       | Unattached              |
| 112        | 1:11:20     | Joanne Taylor     | 250       | LV35       | Kendal A C             | 162        | 1:15:47     | Claire Mc Dermott   | 104       | LV35       | Preston Harriers        |
| 113        | 1:11:22     | David Hooton      | 977       | MV55       | Red Rose R R           | 163        | 1:15:51     | Keith Mawdsley      | 61        | MV45       | Unattached              |
| 114        | 1:11:44     | Lee White         | 173       | M          | Unattached             | 164        | 1:16:00     | Jonathan Cartwright | 180       | MV40       | Stadium Runners         |
| 115        | 1:11:59     | Susan Flatters    | 166       | LV35       | Horwich Rmi Harriers   | 165        | 1:16:17     | Colin Lee           | 111       | MV40       | York Knavesmire         |
| 116        | 1:12:02     | Mark Hunt         | 264       | MV40       | Unattached             | 166        | 1:16:23     | Lynn Ward           | 174       | LV40       | Unattached              |
| 117        | 1:12:03     | Michael Efford    | 856       | M          | Wesham Road Runners    | 167        | 1:16:37     | Michelle Holden     | 913       | LV40       | Blackburn Road          |
| 118        | 1:12:04     | David Atkinson    | 919       | MV45       | Unattached             | 168        | 1:16:39     | Chris Moss          | 116       | MV45       | Wesham Road Runners     |
| 119        | 1:12:08     | Julie Brady       | 947       | L          | Accrington R R         | 169        | 1:16:40     | Cliff Etherden      | 220       | MV60       | Saddleworth R R         |
| 120        | 1:12:15     | Owen Mcgill       | 28        | MV40       | Darwen Dashers         | 170        | 1:16:45     | Hannah Lemon        | 195       | L          | Unattached              |
| 121        | 1:12:23     | Joanne Haslam     | 20        | LV35       | Darwen Dashers         | 171        | 1:16:49     | Andrew Malone       | 265       | M          | Winston Runners         |
| 122        | 1:12:32     | Brian Speake      | 26        | MV40       | Unattached             | 172        | 1:16:50     | John Malone         | 263       | MV50       | Winston Runners         |
| 123        | 1:12:44     | Terry Hughes      | 246       | MV45       | Astley & Tyldesley     | 173        | 1:16:54     | Andrea Mason        | 200       | L          | Blackpool Wyre & Fylde  |
| 124        | 1:12:45     | Nigel Shepherd    | 185       | MV50       | Wesham Rr              | 174        | 1:16:58     | Francis Butterworth | 96        | M          | Unattached              |
| 125        | 1:13:06     | Michael Golden    | 921       | MV55       | Blackpool Wyre & Fylde | 175        | 1:17:00     | John Mcgarvey       | 7         | MV40       | Unattached              |
| 126        | 1:13:09     | Tanya Ashworth    | 62        | LV35       | Blackpool Wyre & Fylde | 176        | 1:17:04     | Janet Silverwood    | 314       | LV35       | Unattached              |
| 127        | 1:13:13     | David Large       | 8         | MV40       | Preston Harriers       | 177        | 1:17:15     | Wayne Babyneec      | 234       | MV45       | Astley & Tyldsley Road  |
| 128        | 1:13:15     | Andrew Waterhouse | 163       | M          | Unattached             | 178        | 1:17:19     | Nicola Unsworth     | 172       | LV35       | Wesham Road Runners     |
| 129        | 1:13:18     | Martin Quinn      | 267       | M          | Chorley Harriers       | 179        | 1:17:27     | David Ian Shorrock  | 157       | MV60       | Darwen Dashers          |
| 130        | 1:13:20     | Gareth Fisher     | 228       | M          | Unattached             | 180        | 1:17:30     | Debbie Kirkman      | 19        | LV40       | Unattached              |
| 131        | 1:13:30     | Jayne Perry       | 124       | L          | Lancaster & Morecambe  | 181        | 1:17:37     | David Smith         | 990       | MV55       | Unattached              |
| 132        | 1:13:35     | Phil Cray         | 875       | MV45       | Unattached             | 182        | 1:17:38     | Craig Ward          | 976       | M          | Unattached              |
| 133        | 1:13:38     | George Morini     | 155       | MV50       | Darwen Dashers         | 183        | 1:17:46     | Allan Kay           | 208       | MV60       | 100 Marathon Club       |
| 134        | 1:13:39     | Dan Reason        | 183       | M          | Astley And Tyldsley    | 184        | 1:17:49     | Carole Baines       | 97        | LV45       | Astley & Tyldesley      |
| 135        | 1:13:40     | Steve Eldridge    | 259       | M          | Astley & Tyldesley     | 185        | 1:17:50     | Steve Foster        | 245       | MV45       | Astley & Tyldesley      |
| 136        | 1:13:49     | Philip Morton     | 93        | M          | Accrington Road        | 186        | 1:17:58     | Antony Ward         | 68        | MV45       | Preston Harriers        |
| 137        | 1:13:50     | Mary Tavener      | 106       | LV45       | Vale Royal             | 187        | 1:18:11     | Gareth Leeves       | 915       | MV50       | Unattached              |
| 138        | 1:13:52     | George Parrington | 147       | MV60       | Lancaster Morecambe    | 188        | 1:18:20     | Dorothy Capstick    | 855       | L          | Preston Harriers        |
| 139        | 1:14:00     | Linda Clarkson    | 846       | LV40       | Darwen Dashers         | 189        | 1:18:27     | Peter Roberts       | 24        | MV50       | South Cheshire Harriers |
| 140        | 1:14:06     | Peter Gibson      | 99        | MV60       | Red Rose R R           | 190        | 1:18:39     | Helen Lawrenson     | 993       | LV40       | Wesham Road Runners     |
| 141        | 1:14:09     | Jann Smith        | 73        | LV40       | Ilkley Harriers        | 191        | 1:18:42     | Carole Morris       | 918       | LV45       | Accrington R R          |
| 142        | 1:14:14     | Ian Baker         | 112       | MV50       | Howgill Harriers       | 192        | 1:18:43     | Ruth Calderbank     | 914       | LV55       | Blackpool Wyre & Fylde  |
| 143        | 1:14:18     | Paul Lumby        | 983       | MV40       | Unattached             | 193        | 1:18:47     | Gordon Brown        | 306       | MV65       | Liverpool Harriers      |
| 144        | 1:14:19     | Jonathan Lawson   | 258       | MV40       | Wesham Road Runners    | 194        | 1:18:51     | Joanne White        | 12        | LV35       | Accrington Road Race    |
| 145        | 1:14:22     | Ian Winn          | 50        | MV40       | Unattached             | 195        | 1:18:56     | Laura Ashworth      | 991       | L          | Lytham                  |
| 146        | 1:14:24     | Tim Padfield      | 927       | MV40       | Unattached             | 196        | 1:19:06     | Brian Porter        | 171       | MV45       | Wesham Road Runners     |
| 147        | 1:14:26     | Simon Jackson     | 186       | M          | Unattached             | 197        | 1:19:07     | Peter Tranter       | 203       | MV40       | Unattached              |
| 148        | 1:14:40     | Alan Taylor       | 224       | M          | Wesham Road Runners    | 198        | 1:19:08     | William Caine       | 204       | MV45       | Unattached              |
| 149        | 1:14:48     | Claire Smith      | 153       | LV40       | Red Rose Runners       | 199        | 1:19:11     | Cathy Colam         | 165       | LV60       | Keswick Ac              |
| 150        | 1:14:56     | Gary Wilson       | 249       | M          | Settle Harriers        | 200        | 1:19:12     | Peter Grime         | 38        | MV40       | Unattached              |

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|------------|-------------|-----------------------|-----------|------------|------------------------|------------|-------------|-------------------|-----------|------------|------------------------|
| 201        | 1:19:13     | Michael Chimejczuk    | 853       | MV55       | Blackburn Road         | 251        | 1:25:23     | Keith Burrows     | 988       | MV45       | Red Rose R R           |
| 202        | 1:19:15     | Alan Graham           | 25        | LV55       | Unattached             | 252        | 1:25:24     | Peter Hayler      | 266       | MV50       | Unattached             |
| 203        | 1:19:16     | Raymond Taylor        | 255       | MV50       | Astley & Tyldsley Road | 253        | 1:25:26     | Neil Gibbons      | 305       | MV40       | Unattached             |
| 204        | 1:19:20     | Eddy Little           | 920       | MV40       | Preston Harriers       | 254        | 1:25:32     | Richard Stapleton | 216       | MV65       | Lancaster & Morecambe  |
| 205        | 1:19:29     | Carol Butterworth-cow | 76        | LV40       | Darwen Dashers         | 255        | 1:25:34     | Andrew Lowe       | 149       | MV50       | Chorley Harriers       |
| 206        | 1:19:39     | John Bradley          | 985       | MV65       | Blackpool Wyre & Fylde | 256        | 1:25:40     | Trevor Willoughby | 197       | MV55       | Lytham                 |
| 207        | 1:19:42     | Francis Mccombs       | 193       | MV45       | Liverpool Running Club | 257        | 1:25:52     | Laura Allen       | 248       | L          | City Of Salisbury      |
| 208        | 1:19:48     | Paul Mc Allister      | 307       | MV40       | Lytham                 | 258        | 1:26:15     | Gregory Parkinson | 928       | MV40       | Unattached             |
| 209        | 1:19:57     | Dan Stapleton         | 217       | M          | Unattached             | 259        | 1:26:16     | Howard Parkinson  | 929       | MV45       | Unattached             |
| 210        | 1:19:59     | Russell Egan          | 152       | MV45       | Darwen Dashers         | 260        | 1:26:24     | Deborah Cardwell  | 102       | LV45       | Unattached             |
| 211        | 1:20:00     | Peter R Gibson        | 897       | MV55       | Blackpool Wyre & Fylde | 261        | 1:26:40     | David Butterfield | 886       | MV65       | Lancaster & Morecambe  |
| 212        | 1:20:04     | Mike Durston          | 256       | MV60       | New Marske Harriers    | 262        | 1:26:45     | David Young       | 154       | MV60       | Wesham R.r.            |
| 213        | 1:20:05     | Finlay Mccalman       | 146       | MV45       | Wesham Road Runners    | 263        | 1:26:57     | James Fowler      | 930       | MV40       | Lancs Fire             |
| 214        | 1:20:07     | Julie Ridehalgh       | 865       | LV40       | Blackburn Road         | 264        | 1:27:04     | George Fletcher   | 973       | MV65       | Red Rose R R           |
| 215        | 1:20:13     | Matt Crompton         | 66        | M          | Astley & Tyldesley     | 265        | 1:27:08     | Carole Wilkinson  | 53        | LV50       | Lancaster & Morecambe  |
| 216        | 1:20:29     | Paul Carter           | 105       | MV40       | Wesham Road Runners    | 266        | 1:27:10     | Rajesh Jinabhai   | 864       | M          | Littlewoods R C        |
| 217        | 1:20:31     | Tracey Hulme          | 967       | LV45       | Wesham Road Runners    | 267        | 1:27:12     | Jim Taylor        | 260       | MV60       | Darwen Dashers         |
| 218        | 1:20:40     | Susan Lucas           | 896       | LV55       | Lancaster & Morecambe  | 268        | 1:27:25     | Pam Appleton      | 145       | LV55       | St Helens Sutton Ac    |
| 219        | 1:20:41     | Martin Lunt           | 140       | MV60       | Unattached             | 269        | 1:27:26     | Jill Coates       | 77        | LV50       | Riversway Road         |
| 220        | 1:20:42     | Matthew Armistead     | 992       | M          | Unattached             | 270        | 1:27:26     | Karen Munnely     | 78        | LV40       | Riversway Road         |
| 221        | 1:20:53     | Jeff Henderson        | 187       | MV40       | North East Veterans Ac | 271        | 1:27:28     | Jose Moura        | 75        | MV40       | Lancaster & Morecambe  |
| 222        | 1:21:02     | Andrew Mcevoy         | 948       | MV45       | Fetcheverone Rc        | 272        | 1:27:37     | Martin Foley      | 192       | MV40       | Unattached             |
| 223        | 1:21:07     | Carolyn Douglass      | 898       | LV60       | Red Rose R R           | 273        | 1:27:47     | Michael Williams  | 213       | MV45       | Rosendale              |
| 224        | 1:21:18     | David Aspin           | 922       | MV60       | Red Rose R R           | 274        | 1:27:54     | Sheila Marshall   | 880       | LV50       | Blackburn Road         |
| 225        | 1:21:19     | Joan Gouldthorpe      | 67        | LV55       | Red Rose R R           | 275        | 1:27:57     | Claire Foster     | 164       | LV35       | Burnden Road Runners   |
| 226        | 1:21:20     | Martin Skinner        | 29        | M          | Unattached             | 276        | 1:27:58     | Paul Moss         | 984       | MV50       | Unattached             |
| 227        | 1:21:24     | Oliver Pitchers       | 13        | M          | Unattached             | 277        | 1:27:59     | Pamela Hardman    | 84        | LV50       | Lytham St Annes Road   |
| 228        | 1:21:44     | David Twizell         | 190       | MV55       | Blackpool Wyre And     | 278        | 1:28:02     | Michael Oliff     | 21        | M          | Unattached             |
| 229        | 1:21:49     | Julie Thorley         | 946       | LV40       | Red Rose R R           | 279        | 1:28:03     | Caroline Devaney  | 899       | L          | Unattached             |
| 230        | 1:21:55     | Robert Miller         | 221       | MV60       | Stockport Harriers     | 280        | 1:28:07     | John Howarth      | 235       | MV55       | Wesham Road Runners    |
| 231        | 1:22:02     | Dave Hargreaves       | 231       | MV55       | Chorley Harriers       | 281        | 1:28:21     | Madeline Haworth  | 989       | LV55       | Blackburn Road         |
| 232        | 1:22:04     | Nikki Roberts         | 128       | L          | Preston Harriers       | 282        | 1:28:43     | Ian Hamilton      | 252       | MV55       | Astley & Tyldesley     |
| 233        | 1:22:08     | Kathy Winrow          | 854       | LV45       | Lancaster & Morecambe  | 283        | 1:28:45     | Julie Graham      | 169       | LV45       | Garstang Running Club  |
| 234        | 1:22:15     | Stephen Benedict Abe  | 42        | MV40       | Unattached             | 284        | 1:28:50     | Pam Murphy        | 100       | LV40       | Garstang Running Club  |
| 235        | 1:22:33     | Zoe Jayne Hurley      | 41        | L          | Unattached             | 285        | 1:28:51     | Colin Morrison    | 887       | M          | Unattached             |
| 236        | 1:22:35     | Jon Mcleod            | 974       | MV40       | Wesham Road Runners    | 286        | 1:28:55     | Tariq Mahmood     | 315       | MV45       | Blackburn Road         |
| 237        | 1:22:37     | Faith Cobaine         | 304       | LV35       | Unattached             | 287        | 1:29:05     | Geoffrey Knowles  | 4         | MV50       | Bolton United Harriers |
| 238        | 1:22:42     | Stephen Wilkinson     | 40        | MV55       | Wesham Road Runners    | 288        | 1:29:14     | Marc Saysell      | 313       | M          | Garstang Running Club  |
| 239        | 1:22:56     | David Reid            | 55        | MV45       | Chester Tri            | 289        | 1:29:19     | Jo Hardman        | 86        | MV45       | Unattached             |
| 240        | 1:23:21     | Nick Smith            | 31        | M          | Blackburn Road         | 290        | 1:29:37     | Carole Bracctli   | 211       | LV45       | Winston Runners        |
| 241        | 1:23:47     | Alexandra Burns       | 114       | LV40       | Winston Runners        | 291        | 1:29:44     | Allan Howard      | 239       | MV50       | Red Rose R R           |
| 242        | 1:23:51     | Tony Worledge         | 170       | MV45       | Unattached             | 292        | 1:29:49     | Georgina Jackson  | 940       | L          | Unattached             |
| 243        | 1:24:28     | Michael Dutton        | 849       | MV50       | Wigan Phoenix          | 293        | 1:29:52     | Peter Hoyle       | 870       | MV50       | Accrington R R         |
| 244        | 1:24:32     | Susan Weeden          | 156       | LV55       | Keighley & Craven A C  | 294        | 1:30:01     | Malcolm Sherwood  | 848       | MV55       | Thornton Cleveleys R C |
| 245        | 1:24:55     | Paul Sugden           | 71        | MV45       | Ilkley Harriers        | 295        | 1:30:07     | Claire Plunkett   | 142       | LV35       | Halifax Harries        |
| 246        | 1:25:05     | Brian Mason           | 944       | MV60       | Winston Runners        | 296        | 1:30:08     | James Bolton      | 35        | M          | Unattached             |
| 247        | 1:25:09     | David Marsh           | 997       | MV45       | Southport Waterloo Ac  | 297        | 1:30:09     | Chris Marsland    | 175       | MV45       | Unattached             |
| 248        | 1:25:10     | Reg Chapman           | 916       | MV60       | Wesham Road Runners    | 298        | 1:30:15     | Amy Jackson       | 953       | L          | Accrington R R         |
| 249        | 1:25:14     | Paul Walmsley         | 862       | MV50       | Blackburn Road         | 299        | 1:30:29     | Carron Lane       | 215       | LV45       | Winston Runners        |
| 250        | 1:25:19     | Louise Mcauley        | 36        | L          | Accrington Road        | 300        | 1:30:38     | Stephen Needham   | 253       | M          | Unattached             |

# Garstang Running Club

## Guy's 10 Mile Road Race 6/12/09

PROVISIONAL RESULTS

| <u>Pos</u> | <u>Time</u> | <u>Name</u>        | <u>No</u> | <u>Cat</u> | <u>Club</u>            | <u>Pos</u> | <u>Time</u> | <u>Name</u>         | <u>No</u> | <u>Cat</u> | <u>Club</u>           |
|------------|-------------|--------------------|-----------|------------|------------------------|------------|-------------|---------------------|-----------|------------|-----------------------|
| 301        | 1:30:39     | Daniel O' Hara     | 254       | MV40       | Unattached             | 351        | 1:42:44     | Lindsey Clark       | 6         | LV40       | Lancaster And         |
| 302        | 1:31:32     | Janet Holden       | 871       | LV50       | Accrington R R         | 352        | 1:42:50     | Karen Clark         | 860       | LV50       | Red Rose R R          |
| 303        | 1:31:38     | Matt Whittaker     | 47        | M          | Unattached             | 353        | 1:42:52     | Chris Clarke        | 859       | MV45       | Red Rose R R          |
| 304        | 1:31:45     | Ben Whitaker       | 942       | M          | Unattached             | 354        | 1:43:47     | Sally Harland       | 893       | L          | Unattached            |
| 305        | 1:32:25     | Ros Dyde           | 223       | LV50       | Winston Runners        | 355        | 1:43:48     | Hayley Cryer        | 888       | L          | Unattached            |
| 306        | 1:32:40     | Angie Mc Givern    | 113       | LV45       | Unattached             | 356        | 1:44:06     | Kathy Edge          | 895       | LV45       | Lancaster & Morecambe |
| 307        | 1:32:47     | Daniel Davidson    | 891       | M          | Unattached             | 357        | 1:44:06     | Kerry Humphreys     | 39        | LV40       | Unattached            |
| 308        | 1:32:56     | Clare Dalton       | 890       | LV35       | Unattached             | 358        | 1:44:24     | Danielle Jiagbogu   | 161       | LV45       | Lancaster And         |
| 309        | 1:33:09     | Michael King       | 938       | M          | Unattached             | 359        | 1:45:07     | Sally Lee           | 968       | L          | Unattached            |
| 310        | 1:33:27     | Julie Crawley      | 935       | LV40       | Winston Runners        | 360        | 1:46:30     | Margaret Hilton     | 238       | LV50       | Unattached            |
| 311        | 1:33:31     | Chris Cullum       | 934       | LV50       | Unattached             | 361        | 1:46:38     | Beverley O'brien    | 184       | LV45       | Unattached            |
| 312        | 1:33:49     | Dinesh Patel       | 44        | MV45       | Unattached             | 362        | 1:47:52     | Lorraine Broadhurst | 129       | LV35       | Astley & Tyldesley    |
| 313        | 1:34:15     | Bernard Elkington  | 52        | MV65       | Red Rose R R           | 363        | 1:48:18     | Sheum Miah          | 229       | M          | Uni Central Lancs     |
| 314        | 1:34:20     | Joy Smith          | 911       | L          | Unattached             | 364        | 1:48:28     | Deborah Wood        | 243       | LV35       | Red Rose R R          |
| 315        | 1:34:25     | Katinka Smith      | 878       | LV40       | Unattached             | 365        | 1:48:55     | Mike Herd           | 214       | MV40       | Uni Central Lancs     |
| 316        | 1:34:28     | Sylvia Gittins     | 876       | LV60       | Hoad Hill Harriers     | 366        | 1:50:27     | Fiona Lynchehaun    | 178       | LV35       | Unattached            |
| 317        | 1:35:00     | Chris Cash         | 58        | MV50       | Darwen Dashers         | 367        | 1:50:28     | Elisha Fox          | 141       | L          | Unattached            |
| 318        | 1:35:03     | Les Robinson       | 23        | MV50       | Winston Runners        | 368        | 1:51:25     | Sharon Cottam       | 158       | LV35       | Riversway Road        |
| 319        | 1:35:32     | Jill Peacock       | 867       | LV45       | Winston Runners        |            |             |                     |           |            |                       |
| 320        | 1:35:35     | Bernard Thompstone | 176       | MV60       | Winston Runners        |            |             |                     |           |            |                       |
| 321        | 1:36:46     | Vivienne Sherry    | 900       | L          | Unattached             |            |             |                     |           |            |                       |
| 322        | 1:36:48     | Eric Green         | 115       | MV60       | Unattached             |            |             |                     |           |            |                       |
| 323        | 1:36:49     | Dorothy Fairhurst  | 103       | LV60       | St Helens & Sutton     |            |             |                     |           |            |                       |
| 324        | 1:36:51     | Julie Murphy       | 847       | LV40       | Thornton Cleveleys R C |            |             |                     |           |            |                       |
| 325        | 1:36:52     | Peter Gelderd      | 222       | MV60       | Garstang Running Club  |            |             |                     |           |            |                       |
| 326        | 1:37:23     | Sally Cape         | 883       | LV40       | Red Rose R R           |            |             |                     |           |            |                       |
| 327        | 1:37:23     | Anne Nelson        | 57        | LV45       | Red Rose R R           |            |             |                     |           |            |                       |
| 328        | 1:37:31     | Donna Challis      | 3         | L          | Unattached             |            |             |                     |           |            |                       |
| 329        | 1:37:39     | Barry Lamb         | 210       | MV45       | Unattached             |            |             |                     |           |            |                       |
| 330        | 1:37:50     | Sue Greenwood      | 949       | LV40       | Unattached             |            |             |                     |           |            |                       |
| 331        | 1:37:52     | Rachael Porter     | 950       | L          | Unattached             |            |             |                     |           |            |                       |
| 332        | 1:38:09     | Carl Wynne         | 312       | MV50       | Preston Harriers       |            |             |                     |           |            |                       |
| 333        | 1:38:27     | Cath Mossop        | 884       | LV40       | Lancaster & Morecambe  |            |             |                     |           |            |                       |
| 334        | 1:38:51     | Jacquelyn Williams | 987       | LV45       | Blackpool Wyre & Fylde |            |             |                     |           |            |                       |
| 335        | 1:39:21     | Mena Lawrence      | 233       | LV50       | Unattached             |            |             |                     |           |            |                       |
| 336        | 1:39:38     | Tanya Hillis       | 851       | LV40       | Preston Harriers       |            |             |                     |           |            |                       |
| 337        | 1:39:43     | Beverly Mackay     | 982       | LV40       | Accrington R R         |            |             |                     |           |            |                       |
| 338        | 1:40:12     | Karen Jackson      | 952       | LV50       | Accrington R R         |            |             |                     |           |            |                       |
| 339        | 1:40:13     | Angela Lumby       | 981       | LV40       | Unattached             |            |             |                     |           |            |                       |
| 340        | 1:41:13     | James Cassidy      | 308       | MV45       | Unattached             |            |             |                     |           |            |                       |
| 341        | 1:41:17     | Lyndsey Roe        | 88        | L          | Preston Harriers       |            |             |                     |           |            |                       |
| 342        | 1:41:18     | Christina Wright   | 91        | L          | Unattached             |            |             |                     |           |            |                       |
| 343        | 1:41:20     | Sue Wickham        | 931       | LV45       | Preston Harriers       |            |             |                     |           |            |                       |
| 344        | 1:41:22     | Michelle Hyde      | 874       | LV40       | Spectrum Striders      |            |             |                     |           |            |                       |
| 345        | 1:41:23     | William Bradway    | 873       | MV45       | Spectrum Striders      |            |             |                     |           |            |                       |
| 346        | 1:41:51     | Paul Gandy         | 970       | MV55       | Sale Harriers          |            |             |                     |           |            |                       |
| 347        | 1:41:52     | Michael Dunn       | 852       | MV45       | Preston Harriers       |            |             |                     |           |            |                       |
| 348        | 1:41:53     | Jane Sherriff      | 872       | L          | Garstang Running Club  |            |             |                     |           |            |                       |
| 349        | 1:42:09     | Tom Hilton         | 237       | MV60       | Unattached             |            |             |                     |           |            |                       |
| 350        | 1:42:15     | Philippa Southern  | 48        | LV35       | Unattached             |            |             |                     |           |            |                       |