

**Garstang Gallop 10k Sunday 19 April 2009. 11:00 am**

Place	Time	Name	Team	Category	Race No
1	0:36:38	NORMAN, Barry	Wesham Road Runners	SM	524
2	0:38:11	GARNER, William	Preston Harriers	MV40	562
3	0:38:47	BARLOW, Jason	Wesham Road Runners	MV40	551
4	0:39:02	RANSOME, Jennie	Road Runners Club	FV45	979
5	0:39:27	GERMAN, Robert		SM	503
6	0:39:31	IDDON, Phil	Chorley Harriers	SM	549
7	0:39:51	HAINED, Jonathan		MV40	558
8	0:40:35	FEARNLEY, David	Darwen Dashers	SM	501
9	0:40:53	WIECZOREK, John	Accrington	MV40	553
10	0:41:30	CUMPSTY, Brian		MV40	935
11	0:41:35	BRADSHAW, Terry	Blackpool Wyre & Fylde	MV45	927
12	0:41:40	WAYWELL, Dave	Wesham Road Runners	MV60	989
13	0:42:12	LEVISTON, Peter	Barrow Striders	MV60	537
14	0:42:21	CARTER, Duncan		MV40	947
15	0:42:33	LAMB, Jason		SM	949
16	0:42:38	ROBINSON, Jill	Settle Harriers	FV50	937
17	0:42:43	HARGREAVES, Emily	Lytham Road Runners	SF	528
18	0:42:45	WHITE, Stephen	Clayton-le-Moors	MV50	546
19	0:42:52	SMITH, Andrea	Blackpool Wyre & Fylde	FV40	518
20	0:43:09	PICKUP, Jeffrey	Clayton-le-Moors	MV55	548
21	0:43:11	JAMBOR, Bill		MV45	538
22	0:43:26	GATERELL, Paula	Parbold Pink Panthers	FV35	531
23	0:43:33	SWEENEY, Anne	Preston Harriers	FV50	915
24	0:43:39	KELLETT, Robert	Royton Road Runners	MV40	514
25	0:44:06	MAUGHAN, Simon		MV40	571
26	0:44:08	BATES, Bryan	Preston Harriers	SM	544
27	0:44:12	TAYLOR, Neil	Skelmersdale Boundary Harriers	MV40	566
28	0:44:29	ROBERTSHAW, Jack	Otley AC	MV65+	962
29	0:44:47	GREENWOOD, Gary		SM	977
30	0:44:53	HOUGHTON, Simon		MV40	986
31	0:45:00	STELL, Andrew	Preston Harriers	SM	959
32	0:45:03	SMALLBONE, Reg	Blackpool Wyre & Fylde	MV60	914
33	0:45:47	SNALAM, Derek	Lancashire Constabulary	MV50	530
34	0:45:48	SMITH, Darren		SM	570
35	0:45:53	SHEPHERD, Nigel	Wesham Road Runners	MV50	596
36	0:45:57	CUMMINS, Michael		MV40	997
37	0:46:00	HOYER, Kath	Wesham Road Runners	FV45	990
38	0:46:10	SNALAM, Joss		SM	529
39	0:46:12	FIELD, Julie	Huddersfield Road Runners	FV35	552
40	0:46:18	HUNTER, Greg	Garstang RC	SM	542
41	0:46:45	SHERRATT, Sarah	Wesham Road Runners	FV35	526
42	0:46:56	MORROW, Abbi		SF	508
43	0:47:02	DYSON, David	Blackpool Wyre & Fylde	MV50	515
44	0:47:18	CRAY, Phil		MV45	957
45	0:47:23	BRYDON, Alan	Uclan Athletics	SM	512
46	0:47:26	CATON, Sally	Huddersfield Road Runners	FV35	933
47	0:47:29	DAVISON, Victoria	Chorley Harriers	FV35	974
48	0:47:43	NEEDHAM, Janine	Red Rose Road Runners	SF	943
49	0:47:47	HILL, Mike	Dallam Running Club	MV50	599
50	0:47:55	CUMMINS, David		MV40	998
51	0:48:06	DEMPSEY, Michaela	Wesham Road Runners	FV40	536
52	0:48:08	BOLLAND, Sean	Lancaster & Morecambe AC	SM	559
53	0:48:17	DUNFORD, Karen	Blackpool Wyre & Fylde	FV40	504
54	0:48:40	MONKS, John		SM	950
55	0:48:49	VINNICOMBE, Malcolm	Garstang RC	MV60	923
56	0:48:50	PEACOCK, Liz	Parbold Pink Panthers	SF	930
57	0:48:58	SPENCER, Neil		SM	539
58	0:49:00	UNSWORTH, Nicola	Wesham Road Runners	FV35	988
59	0:49:02	MEADOWS, Andrew		SM	597
60	0:49:05	BIRD, Simon		MV40	561
61	0:49:11	DOHERTY, Peter	Northern Vets	MV55	924
62	0:49:16	HIRST, Robert	Clayton-le-Moors	MV55	978
63	0:49:25	LUNT, Martin		MV60	543
64	0:49:27	LAMB, Deane		SM	919
65	0:49:47	MILLIGAN, Mark		SM	540

66	0:49:48	NORMAN, Colin		MV45	556
67	0:49:48	CALDERBANK, Ruth	Blackpool Wyre & Fylde	FV55	966
68	0:50:10	ECCLES, Kerry	Wesham Road Runners	FV45	513
69	0:50:17	BARNES, James	UK Net Runners	MV45	565
70	0:50:20	TAYLOR, Alan		MV55	938
71	0:50:31	ROBINSON, Ian	Settle Harriers	MV65+	934
72	0:50:38	HAILS, Tony		MV45	983
73	0:50:56	PORTER, Brian	Wesham Road Runners	MV45	598
74	0:50:59	SAYSELL, Marc	Garstang RC	SM	955
75	0:51:15	COUPE, Julie		FV35	987
76	0:51:23	STELL, Paula	Preston Harriers	FV35	958
77	0:51:48	FITSIMMONS, Jayne	Parbold Pink Panthers	SF	502
78	0:52:01	ROBERTS, Erica		SF	951
79	0:52:20	DAVENPORT, Dan		SM	506
80	0:52:27	MASSEY, Robert	Blackpool Wyre & Fylde	MV60	522
81	0:52:30	CARR, Claire	Parbold Pink Panthers	FV45	921
82	0:52:42	MCFARLANE, Sue		SF	509
83	0:52:46	FOLEY, Tanya	Parbold Pink Panthers	FV40	948
84	0:52:53	STONES, Leo	Chorley Harriers	SM	569
85	0:52:58	HOWARTH, John	Wesham Road Runners	MV55	527
86	0:53:13	PENNINGTON, Nick		SM	550
87	0:53:19	CARTER, Andrew	Clayton-le-Moors	MV50	547
88	0:53:34	BRADLEY, John	Blackpool Wyre & Fylde	MV65+	917
89	0:53:46	WATT, Steve		MV50	507
90	0:53:51	GELDERD, Pete	Garstang RC	MV60	545
91	0:53:56	PATEFIELD, Julia		FV40	964
92	0:54:08	ROBERTSHAW, Kathleen	Otley AC	FV60+	963
93	0:54:19	WILLIAMS, Sue	Lancashire Constabulary	FV40	940
94	0:54:22	HARRISON, Shaun Michael		MV45	517
95	0:54:22	GREENWOOD, Rachel		FV35	956
96	0:54:26	MCCOMBE, Julie	Parbold Pink Panthers	FV40	533
97	0:54:29	TEARE, Danny		SM	996
98	0:54:49	TERRY, Ian		MV40	541
99	0:55:00	ROBERTS, Matt		SM	954
100	0:55:03	REID, Dave	Chester Tri	MV45	913
101	0:55:22	TEARE, Michelle		FV35	995
102	0:55:26	MOSS, Paul		MV50	992
103	0:55:33	LUND, Geoff	Garstang RC	MV60	534
104	0:55:42	COLQUHOUN, Cath		FV45	941
105	0:55:43	WHITEHEAD, Malcolm	Horwich RMI Harriers	MV65+	554
106	0:55:49	MCNIECE, Heidi		FV35	946
107	0:55:57	LEPPER, Victoria		SF	560
108	0:56:30	VINCENT, Bronwen	Parbold Pink Panthers	FV40	505
109	0:56:33	BROCKLEHURST, David	Otley AC	MV55	928
110	0:56:57	COOPER, Sharon	Wesham Road Runners	FV35	993
111	0:56:59	MURPHY, Julie	Blackpool Wyre & Fylde	FV40	523
112	0:57:01	COLQUHOUN, Alex		SM	944
113	0:57:08	CRONSHAW, Heather	Garstang RC	FV40	510
114	0:57:11	SAYSELL, Jude		FV35	535
115	0:57:14	HALL, Michael		MV45	511
116	0:57:38	THOM, Sue	Preston Harriers	FV40	916
117	0:58:26	ELKINGTON, Bernard	Red Rose Road Runners	MV65+	972
118	0:58:27	EVANS, Frank		MV45	942
119	0:58:35	WILLIAMS, Daniel		SM	525
120	0:58:45	TOWLER, Malcolm	Northern Vets	MV65+	600
121	0:59:27	LEYLAND, Vanessa		FV40	936
122	0:59:29	FISHER, Margaret		FV45	976
123	0:59:40	ELLSWORTH, Ian		MV45	563
124	0:59:40	ELLSWORTH, Justine		FV35	564
125	0:59:45	SMITH, Linda		FV45	568
126	1:00:07	ELKINGTON, Evelyn	Lancaster & Morecambe AC	FV60+	971
127	1:01:09	YEOMANS, Melanie	Blackpool Wyre & Fylde	FV40	939
128	1:01:10	MASON, Simon	Blackpool Wyre & Fylde	SM	929
129	1:02:06	COLLINGE, Brian		MV65+	985
130	1:02:09	STONEHOUSE, Gail	Parbold Pink Panthers	FV35	932
131	1:02:09	STONEHOUSE, David	Skelmersdale Boundary Harriers	SM	931
132	1:02:28	FITZGERALD, Caroline		SF	555

133	1:03:05	TERRY, Helen		FV40	922
134	1:04:24	HUMPHRIES, Jonathan		MV40	926
135	1:04:31	CHEETHAM, Denise	Preston Harriers	FV45	973
136	1:04:35	LAMBERT, Kate		SF	970
137	1:04:35	BAILIE, Emma		FV35	557
138	1:05:35	SHERRIFF, Jane		SF	965
139	1:08:03	MCGUIRE, Kim	NW Ladies Running Club	FV50	920
140	1:08:57	RENTON, G		FV45	567
141	1:09:31	BARRETT, David		SM	945
142	1:09:31	LEA, Janet	Parbold Pink Panthers	FV35	532
143	1:12:46	PARK, Katie		SF	968
144	1:12:46	PARK, Rachel		FV40	969

**Garstang Gallop 10k Prizes: 19 April 2009. 11:00 am**

Category	Place	Time	Name	Team	Cat	Entry No	Posn
All Men	1	0:36:38	NORMAN, Barry	Wesham Road Runners	SM	524	1
	2	0:38:11	GARNER, William	Preston Harriers	MV40	562	2
	3	0:38:47	BARLOW, Jason	Wesham Road Runners	MV40	551	3
	4	0:39:27	GERMAN, Robert		SM	503	5
	5	0:39:31	IDDON, Phil	Chorley Harriers	SM	549	6
MV40	3	0:39:51	HAINE, Jonathan		MV40	558	7
MV45	1	0:41:35	BRADSHAW, Terry	Blackpool Wyre & Fylde	MV45	927	11
MV50	1	0:42:45	WHITE, Stephen	Clayton-le-Moors	MV50	546	18
MV55	1	0:43:09	PICKUP, Jeffrey	Clayton-le-Moors	MV55	548	20
MV60	1	0:41:40	WAYWELL, Dave	Wesham Road Runners	MV60	989	12
MV65+	1	0:44:29	ROBERTSHAW, Jack	Otley AC	MV65+	962	28
All Ladies	1	0:39:02	RANSOME, Jennie	Road Runners Club	FV45	979	4
	2	0:42:38	ROBINSON, Jill	Settle Harriers	FV50	937	16
	3	0:42:43	HARGREAVES, Emily	Lytham Road Runners	SF	528	17
	4	0:42:52	SMITH, Andrea	Blackpool Wyre & Fylde	FV40	518	19
	5	0:43:26	GATERELL, Paula	Parbold Pink Panthers	FV35	531	22
FV35	2	0:46:12	FIELD, Julie	Huddersfield Road Runners	FV35	552	39
FV40	2	0:48:06	DEMPSEY, Michaela	Wesham Road Runners	FV40	536	51
FV45	2	0:46:00	HOYER, Kath	Wesham Road Runners	FV45	990	37
FV50	2	0:43:33	SWEENEY, Anne	Preston Harriers	FV50	915	23
FV55	1	0:49:48	CALDERBANK, Ruth	Blackpool Wyre & Fylde	FV55	966	67
FV60+	1	0:54:08	ROBERTSHAW, Kathleen	Otley AC	FV60+	963	92