

Garstang Gallop 10k: Sunday 25 April 2010. 11:00 am

Place	Time	Name	Team	Category	Race No
1	0:34:02	WORTHINGTON, Steve		SM	370
2	0:34:48	EDDIE, Malcolm	Blackpool Wyre & Fylde	MV40	432
3	0:35:32	WRIGHT, John	Blackpool Wyre & Fylde	MV45	348
4	0:36:28	MULLER, Paul	Horwich RMI Harriers	MV50	437
5	0:38:17	HOWELL, Dominic	Clayton-le-Moors	SM	334
6	0:39:10	IDDON, Phil	Chorley Harriers	SM	424
7	0:39:42	HUSBAND, Jack	Lancaster & Morecambe AC	MV50	403
8	0:39:46	SWARBRICK, Joe	Red Rose Road Runners	MV50	354
9	0:40:12	COOK, Jason	Blackburn Roadrunners	MV40	408
10	0:40:13	FOSTER, Neil		SM	326
11	0:40:15	NIXON, Jess	gateshead harriers	SF	416
12	0:40:41	BROOME, Peter	Blackpool Wyre & Fylde	MV55	290
13	0:40:48	WALSH, Phil	Preston Harriers	MV55	413
14	0:41:02	FLEMING, Doug	Horwich RMI Harriers	MV50	401
15	0:41:23	GOODWIN, Glen	Accrington	MV45	431
16	0:41:26	BUTLER, Philip	Red Rose Road Runners	MV45	328
17	0:41:44	WRIGLEY, Russell		SM	426
18	0:41:52	CIRELLI, Uber	Blackpool Wyre & Fylde	SM	268
19	0:42:01	CALDERBANK, Robert		MV60	299
20	0:42:19	WIECZOREK, John	Accrington	MV40	425
21	0:42:35	CUNLIFFE, Graham	Wesham Road Runners	MV50	421
22	0:42:58	ROBSON, Dave	Blackpool Wyre & Fylde	MV40	410
23	0:43:05	SUTCLIFFE, Dave		MV40	332
24	0:43:10	WHITELEY, Tim	Bowland	MV40	436
25	0:43:11	BOOTH, Helen	Lancaster & Morecambe AC	SF	423
26	0:43:40	MURRAY, John		MV65+	329
27	0:43:41	HAWORTH, Geoffrey	Red Rose Road Runners	MV45	323
28	0:44:01	PICKUP, Jeffrey	Clayton-le-Moors	MV55	422
29	0:44:13	KELLY, Dave	Rosendale Harriers	MV55	402
30	0:44:17	HIGHAM, Nick	Lancaster & Morecambe AC	MV40	343
31	0:44:21	THURTLIE, Pamela	Penny Lane Striders	SF	420
32	0:44:30	BAXTER, Andrew		SM	395
33	0:44:34	TOMAN, Michael	Rosendale Harriers	MV40	390
34	0:44:38	HOUGHTON, Simon		MV40	365
35	0:44:39	MCVEY, Diane		SF	338
36	0:45:06	MCCORMICK, Allan		SM	335
37	0:45:30	GRIMSHAW, Andrew		SM	428
38	0:45:58	TOON, Jez	Clayton-le-Moors	SM	415
39	0:46:11	OATRIDGE, Ian		SM	274
40	0:46:13	ARMSTRONG, Tony		MV40	292
41	0:46:20	KNIGHT, Kieren	Preston Harriers	SM	387
42	0:46:29	DEAN, Philip	Red Rose Road Runners	MV50	411
43	0:46:36	MASON, David		SM	347
44	0:46:57	WILKINSON, Peter	Northern Vets	MV60	388
45	0:47:12	DAVIES, Sarah	Lancaster & Morecambe AC	SF	382
46	0:47:13	AIRNES, Tony	Blackpool Wyre & Fylde	MV55	414
47	0:47:25	CRAY, Phil		MV45	279
48	0:47:32	VICKERS, Graham	Wesham Road Runners	MV50	439
49	0:47:38	SHELTS, Tony	Red Rose Road Runners	MV45	418
50	0:47:42	ATHERDEN, Joyce		FV50	298
51	0:47:43	HORNER, Chris	Lancashire Fire Service SAA	SM	353
52	0:47:49	MASON, Simon	British Triathlon	SM	412
53	0:47:50	COWLING, Peter		MV45	346
54	0:48:06	O'NIELL, Morag		FV40	434
55	0:48:12	MCSHANE, Ryan		SM	389
56	0:48:13	WARD, Tony	Wesham Road Runners	MV45	318
57	0:48:14	LAWRENSON, Helen	Wesham Road Runners	FV40	333
58	0:48:19	HOYER, Kath	Wesham Road Runners	FV50	273
59	0:48:29	DAVENPORT, Daniel		SM	405

60	0:48:30	FOSTER, Lucy	Manchester Triathlon Club	SF	325
61	0:48:37	TITTERINGTON, Alison	Blackpool Wyre & Fylde	FV50	406
62	0:48:48	SMITH, Robert	Trawden AC	MV55	319
63	0:48:57	UNSWORTH, Nicola	Wesham Road Runners	FV35	358
64	0:49:20	ROGERSON, John	Red Rose Road Runners	MV55	341
65	0:49:37	LAWLER, Laura	Blackpool Wyre & Fylde	FV40	392
66	0:49:42	WILKINSON, David	Lancaster & Morecambe AC	MV50	269
67	0:49:49	BUTLER, David		MV40	285
68	0:49:53	RAWCLIFFE, Charlotte	Preston Harriers	SF	317
69	0:49:55	FITZGERALD, Caroline		SF	429
70	0:50:00	DUNFORD, Karen	Blackpool Wyre & Fylde	FV40	393
71	0:50:07	MARLAND, James David		MV50	276
72	0:50:11	ADAMS, Jennifer	Northen Vets	FV60+	369
73	0:50:15	FINCH, Mark	Penny Lane Striders	MV45	340
74	0:50:23	COUPE, Julie		FV35	364
75	0:50:31	HOWELL, Graham	Liverpool Harriers	MV60	391
76	0:50:36	CALDERBANK, Ruth	Blackpool Wyre & Fylde	FV55	331
77	0:50:42	CRONIN, Brendan	Lancaster & Morecambe AC	MV55	286
78	0:51:12	JAMES, Carole	Southport Waterloo	FV45	291
79	0:51:34	BLIGH, Christopher	Blackpool Wyre & Fylde	MV45	337
80	0:51:41	HAMLETT, Peter	Northen Vets	MV40	280
81	0:52:10	MCLEOD, Jon	Wesham Road Runners	MV40	281
82	0:52:12	MOLYNEUX, Sydney	Picton Running Club	MV60	376
83	0:52:33	WILKINSON, Stephen	Wesham Road Runners	MV55	399
84	0:52:39	ASHWORTH, Tanya		SF	384
85	0:52:43	FURMEDGE, Joseph	Northen Vets	MV55	278
86	0:52:55	GELDERD, Peter	Garstang RC	MV60	419
87	0:52:56	CARROLL, Hannah		SF	293
88	0:52:59	BLACKLEDGE, Peter	Accrington	MV60	368
89	0:53:09	BUTTERFIELD, David	Lancaster & Morecambe AC	MV65+	330
90	0:53:15	LEE, Catherine	Lancashire Constabulary	FV35	336
91	0:53:27	WHITEHEAD, Malcolm	Horwich RMI Harriers	MV65+	398
92	0:53:34	THORLEY, Julie	Red Rose Road Runners	FV40	339
93	0:53:35	HOYLE, Gail	Red Rose Road Runners	FV40	417
94	0:53:37	HUGHES, Carl	New World RR	MV40	374
95	0:53:39	WILLOUGHBY, Trevor	Lytham Road Runners	MV55	400
96	0:54:12	NICHOLLS, Carolyn		FV35	321
97	0:54:12	NICHOLLS, Richard		SM	320
98	0:54:17	GORST???, N????	Blackpool Wyre & Fylde	MV65+	440
99	0:54:36	BINGHAM, Joanne	Blackburn Roadrunners	FV40	407
100	0:54:52	MAUDSLEY, Lisa		FV35	430
101	0:54:56	JOHNSON, Yvonne	Red Rose Road Runners	FV50	356
102	0:54:59	THOMAS, Jonathan		MV45	288
103	0:55:14	WHITELEY, Cherrie	Bowland	SF	435
104	0:55:16	HOLLAND, Chris	Lytham Road Runners	MV50	373
105	0:55:20	WILLOUGHBY, Rae	Lytham Road Runners	MV60	397
106	0:55:23	HENTHORNE, David	Todmorden harriers	MV50	284
107	0:55:24	HENTHORNE, Rachel	Todmorden harriers	FV40	283
108	0:55:38	JOHNSON, Charlene	Red Rose Road Runners	SF	355
109	0:55:41	LUND, Geoff	Garstang RC	MV60	438
110	0:55:50	WILKINSON, Carole	Lancaster & Morecambe AC	FV50	295
111	0:56:26	DAREYS, Anne	Lancaster & Morecambe AC	FV40	275
112	0:56:37	HOWARD, Allen	Red Rose Road Runners	MV50	270
113	0:57:18	HUMPHREY, Justin		MV55	404
114	0:57:24	HAWORTH, Mark	Red Rose Road Runners	SM	322
115	0:58:09	HOUGHTON, Michelle	Blackburn Roadrunners	FV40	366
116	0:58:15	MARTIN, Phil	Lytham Road Runners	MV65+	372
117	0:58:40	FLETCHER, George	Red Rose Road Runners	MV65+	287
118	0:59:28	TOWLER, Malcolm	Northen Vets	MV65+	409
119	0:59:43	JOHNSON, Roger	Red Rose Road Runners	MV50	357
120	0:59:49	MAHER, Cathryn		FV35	396

121	0:59:55	STAPLETON, Emily		FV35	367
122	1:00:00	HILLIS, Tanya	Preston Harriers	FV40	294
123	1:00:28	SPENCER, Debi	Garstang RC	FV45	385
124	1:00:33	THOMAS, Janet		FV45	289
125	1:00:43	STAPLETRON, Richard	Lancaster & Morecambe AC	MV65+	363
126	1:00:53	VALENTINI, Vittorio		SM	394
127	1:02:03	SWARBRICK, Katie		FV45	433
128	1:02:14	BARBERA, Mariana		FV35	327
129	1:02:59	CLARK, Christopher	Red Rose Road Runners	MV50	349
130	1:03:01	NIGHTINGALE, Barbara		FV50	350
131	1:03:31	HAZELDINE, Donna		SF	427
132	1:04:40	FRANCE, Melanie	Preston Harriers	SF	378
133	1:04:48	CLARK, Lindsey	Lancaster & Morecambe AC	FV40	344
134	1:05:08	STAPLETON, Linda	Lancaster & Morecambe AC	FV60+	362
135	1:05:23	ELKINGTON, Evelyn	Red Rose Road Runners	FV60+	297
136	1:05:24	GREEN, Arthur	Red Rose Road Runners	MV60	342
137	1:06:10	NIGHTINGALE, Peter		MV50	351
138	1:09:02	HUGHES, Frank	New World RR	MV65+	375