

GARSTANG GALLOP RESULTS 2019

Pos	Number	Forename	Surname	Cat	Club	Time
1	742	Philip	Marsden	MV45	Red Rose Runners	0:41:15
2	840	Graham	Askew	MV45	Bingley Harriers	0:41:25
3	839	James	Askew	M	Bingley Harriers	0:42:00
4	858	Paul	Muller	MV60	Northern Masters AC	0:42:31
5	732	Emily	Japp	F	Blackpool Wyre and Fylde Athletics Club	0:43:16
6	806	David	Wright	M	Southport Waterloo Ac	0:43:27
7	759	David	Parkinson	MV50	Red Rose Runners	0:44:10
8	835	Paul	Gregory	MV40	Wesham Road Runners	0:44:13
9	822	Ben	Fletcher	MV40	Helsby Running Club	0:44:14
10	451	David	Barras	M	Thornton-cleveleys Running Club	0:44:15
11	740	Keith	Lunt	MV45	Southport Waterloo Ac	0:44:45
12	757	Boyd	Park	MV50	Southport Waterloo	0:44:59
13	789	Alex	Tate	M	Lytham Road Runners	0:45:13
14	798	Stephen	Ward	MV35	Southport Waterloo	0:45:17
15	584	Miras	Eskander	MV35	Northern Masters Ac	0:45:38
16	765	Kev	Reed	MV35	u/a	0:45:41
17	824	Paul	Gillon	MV50	Lancaster Runners	0:45:54
18	437	Gary	Atkinson	MV45	u/a	0:46:27
19	500	Steven	Calderwood	MV45	u/a	0:47:17
20	201	John	Agnew	MV35	Fylde Coast Runners	0:47:19
21	785	Stuart	Smith	MV40	Red Rose Road Runners	0:47:26
22	846	Brian	Kennedy	MV55	Settle Harriers	0:47:30
23	779	Andrew	Simm	M	Blackpool, Wyre and Fylde Ac	0:47:48
24	480	Paul	Brackley	M	u/a	0:47:52
25	834	Stephen	Woodruff	MV55	Red Rose Runners	0:47:54
26	797	David	Walker	MV55	Lancaster and Morecambe Ac	0:48:08
27	856	Ian	Parker	MV50	Garstang Running Club	0:48:13
28	841	Kenneth	Beazley	MV60	Preston Harriers	0:48:24
29	809	Paul	Yates	MV45	u/a	0:48:34
30	686	David	Butler	MV45	u/a	0:49:13
31	850	Sophie	Pilkington	F	Red Rose Runners	0:49:20
32	793	Roy	Tomlinson	MV55	Thornton Cleveleys Running Club	0:49:34
33	795	Dave	Turner	MV50	u/a	0:49:37
34	819	Alan	Riley	MV45	u/a	0:49:46
35	800	Robert	Wells	MV70	Bedford Harriers	0:50:00
36	526	John	Carr	MV55	u/a	0:50:11
37	754	Simon	O'Leary	MV40	Riversway Road Runners	0:50:26
38	849	Lauren	Gora	FV35	Lancaster & Morecambe AC	0:50:50
39	831	Jayne	Perry	FV35	Garstang Running Club	0:50:54
40	747	Steven	Melling	MV60	Rosendale Harriers	0:51:10
41	734	Alex	Kerry	M	Garstang Running Club	0:51:25
42	434	David	Atkinson	MV55	Fylde Coast Runners	0:51:38
43	855	Paul	Mackie	MV45	Lancaster & Morecambe AC	0:51:45
44	810	John	McDonald	MV50	Trawden Ac	0:51:47
45	778	Neil	Silcock	MV45	Southport Waterloo A.C	0:52:09
46	848	Chris	Maiden	MV45	Garstang Running Club	0:52:15
47	462	Anthony	Blight	MV45	Blackpool Wyre Fylde	0:52:22
48	753	Stuart	O'Connor	MV50	u/a	0:52:52
49	694	Stephen	Flanagan	MV40	Southport Waterloo Ac	0:53:01
50	460	Duncan	Beattie	MV50	Thornton Cleveleys	0:53:06
51	445	Richard	Barnes	MV35	Red Rose Road Runners	0:53:14
52	748	Stephen	Mort	MV45	Preston Harriers	0:53:15
53	792	Malcolm	Teale	MV60	Southport Waterloo Ac	0:53:18

54	619	Ian	Gahagan	MV65	Northern Masters	0:53:35
55	828	Philip	Horrocks	MV50	Walney Wind Cheetahs	0:53:46
56	837	James	Cooke	MV60	Glaxo Hoad Hill Harriers	0:53:50
57	481	Martin	Brady	MV55	Clayton Le Moors Harriers	0:53:54
58	852	Lee	Donnelly	MV40	u/a	0:54:01
59	657	Antony	Genovese	MV50	u/a	0:54:13
60	661	Louise	Goddard	FV50	Lancaster & Morecambe	0:54:26
61	836	Alison	Cooke	FV55	Glaxo Hoad Hill Harriers	0:54:34
62	818	Kelly	Seward	FV40	Lancaster Runners	0:54:50
63	832	Stephen	Perry	MV60	Lancaster & Morecambe	0:54:51
64	668	Ade	Goddard	MV40	u/a	0:55:06
65	812	Kath	Hoyer	FV55	Wesham Road Runners	0:55:10
66	776	Martin	Shipway	MV40	Keswick Ac	0:55:14
67	843	David	Cummings	MV55	Trawden Ac	0:55:18
68	807	Matt	Yates	MV45	u/a	0:55:28
69	805	Kevin	Woods	MV55	Blackpool	0:55:52
70	854	Kyla	Bennett	FV40	Lancaster & Morecambe AC	0:55:57
71	441	Tracey	Barlow	FV45	Southport Waterloo Athletics Club	0:56:00
72	746	Christina	Mcguire	FV55	Lancaster & Morecambe	0:56:03
73	763	Susan	Plant	FV50	u/a	0:56:20
74	726	Paula	Herbert	FV50	Walney Wind Cheetahs	0:56:32
75	775	Jason	Sheridan	MV45	Lytham St Annes Road Runners	0:56:37
76	658	Mark	Gillan	M	Southport Waterloo Ac	0:57:04
77	716	Keith	Gordon	MV70	Penistone Frac	0:57:20
78	767	Steven	Robinson	MV60	Thornton Cleveleys Running Club	0:57:24
79	845	James	Danson	MV50	Wesham Road Runners	0:57:38
80	847	Mark	Dobson	MV55	Wesham Road Runners	0:57:45
81	826	Doug	Bryden	MV50	Red Rose Road Runners	0:57:50
82	821	Nicki	Rushton	FV50	Chorley Athletic and Triathlon Club	0:57:53
83	764	Gillian	Pryor	FV45	Thornton Cleveleys	0:58:06
84	722	Graham	Hall	MV40	u/a	0:58:07
85	827	Austin	Wensley	M	Rosendale Harriers	0:58:21
86	786	Emily	Snape	F	u/a	0:58:28
87	782	Steve	Slaney	MV45	u/a	0:58:33
88	727	David	Hilton	MV45	Darwen Running Group	0:58:38
89	675	Neil	Edwards	MV55	Lancashire Constabulary	0:58:39
90	744	Steve	Mayor	MV35	u/a	0:58:40
91	794	Ruth	Travis	FV45	Red Rose Road Runners	0:58:44
92	719	Helen	Hall	FV35	u/a	0:58:52
93	455	Ruth	Beal	FV40	u/a	0:58:53
94	575	Sarah	Dove	FV45	u/a	0:58:57
95	784	Colin	Smith	MV60	Trawden Ac	0:59:10
96	830	Robbie	Maddison	M	u/a	0:59:21
97	483	Sarah	Bromley	FV45	u/a	0:59:23
98	814	Carol	Douglass	FV70	Red Rose Runners	0:59:24
99	420	Andrew	Allen	MV40	u/a	1:00:09
100	811	Peter	Rowley	MV60	Quakers RC	1:00:15
101	534	Ben	Crawford	M	u/a	1:00:24
102	721	Gary	Hall	MV40	u/a	1:00:24
103	735	Rachael	Krier	F	u/a	1:00:25
104	825	Sylvia	Dick	FV45	u/a	1:00:33
105	790	Kevin	Taylor	MV40	u/a	1:00:34
106	756	Graham	Openshaw	MV35	Garstang Running Club	1:00:35
107	635	Matthew	Gallagher	M	u/a	1:01:14
108	577	Julian	Egan	MV50	u/a	1:01:26

109	768	Julia	Rolfe	FV55	Lytham St Annes Rr Club	1:01:32
110	787	Sue	Stewart	FV70	Southportwaterloo Ac	1:01:45
111	696	Kate	Formstone	FV40	Thornton Cleveleys Running Club	1:01:53
112	490	Kevin	Brown	MV35	u/a	1:02:01
113	598	Ellena	Farrow	F	Red Rose Road Runners	1:02:17
114	823	Andrew	Burrell	MV45	Garstang Running Club	1:02:20
115	817	Clare	Bugeja	FV45	u/a	1:02:48
116	723	Brian	Hanley	MV50	Red Rose Road Runners	1:02:49
117	551	Brian	Davies	MV50	St Helens Striders	1:02:51
118	857	Giv	Newman	F	u/a	1:02:57
119	736	Heather	Laycock	FV55	Darwen Running Group	1:03:15
120	760	Michael	Peall	MV35	Garstang Running Club	1:03:31
121	833	Arthur	Smith	MV65	u/a	1:03:33
122	844	Julie	Thorley	FV50	Red Rose Runners	1:03:37
123	749	Eleanor	Moss	F	u/a	1:03:38
124	838	Alex	Ingham	MV35	Thornton & Cleveleys RC	1:04:02
125	717	Jill	Greenwood	FV55	Women on the Run	1:04:45
126	761	David	Phillips	MV50	Winston Runners	1:04:48
127	829	Leanne	Batty	FV40	Thornton Cleveleys	1:05:04
128	718	Nicholas	Gregory	MV45	Thornton Cleveleys Running Club	1:05:10
129	803	Alan	Wilkinson	MV65	Trawden Ac	1:05:13
130	770	Craig	Samson	MV55	Garstang Rc	1:05:16
131	739	Hana	Lowry	F	Darwen Running Group	1:05:18
132	791	Chris	Taylor	M	u/a	1:05:43
133	730	Richard	Holden	MV45	Preesall Fire	1:05:44
134	799	Peter	Warr	MV45	Radcliffe Athletic Club	1:05:58
135	802	Andy	Whitlam	MV60	Thornton Cleveleys	1:05:59
136	669	Ben	Higginson	MV60	Preston Harriers	1:06:07
137	729	Sarah	Holden	FV40	Preesall Fire	1:06:23
138	773	David	Sharples	MV55	u/a	1:06:28
139	478	Carl	Boardman	MV45	u/a	1:06:29
140	780	Anna	Singleton	F	Preesall Fire Run Club	1:06:43
141	853	Lamyong	Evans	MV40	Pressall Fire	1:06:52
142	743	Bev	Mason	FV50	Thornton Cleveleys Running Club	1:07:03
143	804	Steve	Williams	MV40	Colt	1:07:21
144	842	John	Haworth	MV65	Wesham Road Runners	1:07:57
145	467	Diane	Blagden	FV50	Wesham Road Runners & Ac	1:08:07
146	615	Melanie	Foster	FV50	Thornton Cleveleys Running Club	1:08:22
147	733	Helen	Kerr	FV35	Thornton-cleveleys	1:08:27
148	755	Jane	Openshaw	FV40	Garstang	1:09:15
149	570	Janet	Doherty	FV55	u/a	1:09:22
150	737	James	Leech	M	u/a	1:09:23
151	738	Janet	Lowry	FV55	Darwen Running Group	1:10:15
152	758	Gary	Parkinson	MV40	Thornton Cleveleys Running Club	1:10:20
153	772	Graham	Saunders	MV45	Thornton Cleveleys Running Club	1:10:21
154	493	Stephen	Buston	MV50	Thornton Cleveleys Running Club	1:10:23
155	769	Sandra	Rolston	FV55	Red Rose Road Runners	1:10:56
156	531	Michelle	Connolly	FV40	Darwen Dashers	1:11:50
157	762	Allison	FALSE	FV45	Darwen Dashers	1:11:51
158	766	Maureen	Roberts	FV60	Lancaster Runners	1:11:53
159	728	Debbie	Hindley	FV40	Thornton-cleveleys	1:11:56
160	774	Lynn	Shaw	FV50	Thornton-cleveleys Running Club	1:12:00
161	771	Dawn	Saunders	FV45	Thornton Cleveleys Running Club	1:12:00
162	820	Carol	Greenall	FV50	u/a	1:13:38
163	813	Dave	Waywell	MV70	Wesham Road Runners	1:14:21

164	752	Angela	Norris	FV60	Thornton Cleveleys	1:14:49
165	452	Simon	Baxendale	MV55	u/a	1:16:24
166	724	Sharon	Hartley	FV45	Garstang RC	1:17:28
167	801	Christine	Whitford	FV60	u/a	1:18:07
168	781	Jane	Slaney	FV45	u/a	1:19:31
169	783	Karen	Smith	FV50	Tcrc	1:21:13
170	796	Linda	Walker	FV55	Lancaster and Morecambe Ac	1:24:53
171	489	Emma	Brooks	FV50	Lancaster Runners	1:24:53
172	725	Lauren	Hatton	F	u/a	1:25:36
173	606	Catherine	Fletcher	FV60	Thornton Cleveleys Running Club	1:26:57
174	457	Susan	Beardsworth	FV40	Red Rose Road Runners	1:27:04
175	851	Karen	Simpson	FV45	Garstang Running Club	1:27:05