

Pos	Number	Forename	Surname	Cat	Club	Time
1	78	Joseph	Monk	M	Lancaster University	0:37:28
2	142	Ryan	Everett	M	Walney Wind Cheetahs	0:39:54
3	7	Ben	Akin	M		0:40:08
4	71	Philip	Marsden	MV45	Red Rose Runners	0:41:30
5	97	Darren	Shackleton	M	Todmorden Harriers	0:42:42
6	151	James	Askew	M	Bingley Harriers	0:42:53
7	141	Pauline	Powell	FV40	Blackburn Harriers	0:43:07
8	20	Richard	Butterwick	MV45	Todmorden Harriers	0:43:18
9	44	Christopher	Goddard	MV35	Todmorden Harriers	0:43:32
10	87	David	Parkinson	MV50	Red Rose Runners	0:43:36
11	49	Paul	Hetherington	MV40	Wesham Road Runners	0:43:53
12	37	Matt	Flanagan	MV45	Todmorden Harriers	0:44:14
13	165	Sean	Davis	MV35		0:44:57
14	144	Andy	Jackson	MV45	Glaxo Hoad Hill Harriers	0:45:34
15	137	Chris	Horner	MV40	Garstang	0:46:18
16	159	Catherine	Cousins	F	Lancaster & Morecambe AC	0:46:46
17	76	Manolo	Mendoza	MV45	Red Rouse Road Runners	0:47:12
18	34	Andy	Dunleavy	MV60		0:47:14
19	171	Johnathon	Salisbury	MV40		0:47:16
20	153	Ian	Dale	MV50	Royton Road Runners	0:47:32
21	170	Mike	Vinegrad	MV45	East Hull Harriers	0:47:35
22	114	Paul	Wearden	MV40		0:47:37
23	138	Michael	Chalfont	MV45		0:48:03
24	86	Ray	Padgett	MV65		0:48:11
25	162	David	Rogers	MV35	Lymm Runners	0:48:20
26	65	Peter	Lloyd	MV35	Lancaster Runners	0:48:33
27	134	Phillip	Fawcett	MV50	Lancaster Runners	0:48:51
28	15	Paul	Brackley	M		0:49:03
29	164	Craig	Pearl	MV35	Lancaster & Morecambe AC	0:49:08
30	6	Jayne	Perry	FV35	Lancaster & Morecambe AC	0:49:10
31	67	Philip	Low	MV50	Walney Wind Cheetahs	0:49:12
32	103	Stuart	Smith	MV40	Red Rose Road Runners	0:49:19
33	157	Martin	Smyth	MV40		0:49:28
34	33	Joseph	Dooley	MV50		0:49:41
35	27	Phil	Cray	MV55	Garstang Rc	0:49:44
36	43	Sarah	Glyde	FV40	Todmorden Harriers	0:49:49
37	24	Martin	Clarkson	MV35	Walney Wind Cheetahs	0:49:52
38	72	Jonathan	Mccourt	M		0:50:00
39	68	Stephen	Lowe	MV35	Middleton Harriers	0:50:07
40	84	Michael	Oddie	MV40	Red Rose Road Runners	0:50:16
41	106	Cameron	Staveley	M		0:50:33
42	140	Allan	Johnson	MV55	Red Rose Road Runners	0:50:56
43	57	Ian	Jones	MV60	Walney Wind Cheetahs	0:51:08
44	104	Ben	Smithers	M	Red Rose Road Runners	0:51:23
45	129	Louise	Goddard	FV50	Lancaster & Morecambe AC	0:51:25
46	63	Katherine	Liver	F		0:51:38
47	9	David	Baron	MV50		0:51:40
48	148	Paul	Brannigan	MV50	Todmorden Harriers	0:52:17
49	70	Karen	Maggio-Poyntz	FV45	Walney Wind Cheetahs	0:53:08
50	83	Stuart	O'Connor	MV50		0:53:18
51	120	Lewis	Williams	MV35		0:53:19
52	109	Ray	Taylor	MV65	Red Rose R R	0:53:28
53	130	Ade	Goddard	MV40	Lancaster & Morecambe AC	0:53:41
54	52	Karen	Hood	FV45	Bolton United Harriers	0:53:47
55	51	Andrew	Hood	MV50	Bolton United Harriers	0:53:48
56	40	Ian	Gahagan	MV60	Northern Masters	0:53:53
57	16	Christopher	Bridge	M		0:53:58
58	105	Brian	Speake	MV45		0:53:59
59	136	Alison	Cooke	FV55	Glaxo Hoad Hill Harriers	0:54:09
60	64	Kyle	Lloyd	MV35		0:54:52
61	41	Antony	Genovese	MV50		0:54:58
62	169	Tracy	Barlow	FV45	Southport Waterloo Ac	0:55:00
63	75	Richard	Mcquilton-Morgan	MV40		0:55:20
64	59	Nigel	Kelsall	MV40		0:55:32
65	127	Matt	Yates	MV40		0:55:39
66	133	Martin	Brady	MV55	Clayton Le Moors Harriers	0:56:22
67	126	Mark	Wright	MV50		0:56:32
68	131	Matt	Bromley	MV40		0:56:40
69	132	Amie	McAvoy	F	Garstang	0:56:41
70	61	Laura	Leigh	FV35	Walney Wind Cheetahs	0:56:49
71	135	James	Cooke	MV60	Glaxo Hoad Hill Harriers	0:56:57
72	11	Kyla	Bennett	FV40	Colt	0:57:00
73	91	Susan	Plant	FV50		0:57:08
74	98	Jason	Sheridan	MV45	Lytham St Annes Road Runners	0:57:21
75	102	Colin	Smith	MV60	Trawden Ac	0:57:41
76	147	Robert	Whitten	M		0:57:44
77	3	Neil	Edwards	MV55		0:57:57
78	158	Jill	Nickson	FV50		0:58:04
79	156	Daniel	Winstanley	MV35		0:58:29
80	5	Caroline	Squires	FV55	Lancaster Runners	0:58:31
81	69	Robbie	Maddison	M		0:58:31
82	139	Peter	Shields	MV70	Ilkley Harriers	0:58:34
83	143	David	Kuterescz	MV35		0:58:53
84	13	Barry	Bignell	MV40		0:58:57
85	108	Carol	Taylor	FV35	Preesall Fire Running Club	0:59:11
86	166	James	Hughes	MV45	Red Rose Runners	0:59:14
87	118	John	Wilkinson	MV40		0:59:23
88	48	Matthew	Hayes	MV40		0:59:36
89	99	Peter	Reid	MV45	Lytham St Annes Road Runners	0:59:39
90	32	Sylvia	Dick	FV45		1:00:01
91	146	Gavin	Whitten	MV40		1:00:02
92	80	Steve	Murphy	MV45	Red Rose Road Runners	1:00:12
93	10	George	Bell	MV60	Blackburn Road Runners	1:00:24
94	168	Stephen	Worbey	MV40		1:00:28
95	12	Carrie	Best	M		1:00:54
96	167	Mark	Dobson	MV50	Wesham Road Runners	1:00:55
97	96	Julia	Rolfe	FV55	Lytham St Annes Rr Club	1:00:58
98	31	Gabrielle	Davies	F		1:01:14
99	149	Alison	Parkinson	FV50	Red Rose Runners	1:01:16
100	66	Natalie	Lockley	FV35	Lancaster Runners	1:01:24
101	101	Linden	Shuttleworth	MV65		1:01:36
102	18	Clare	Bugeja	FV45		1:01:39
103	1	Mary	Hewitt	FV60	Garstang RC	1:01:42
104	2	Helen	Dawson-Smith	FV45		1:02:13
105	119	Stephen	Wilkinson	MV65		1:02:15
106	62	Graham	Liu	MV50	Southport Waterloo Ac	1:02:32
107	160	Anne	Lowe	FV40	Middleton Harriers	1:02:47
108	124	Gerard	Wilson	MV50		1:02:48
109	8	Emily	Atkinson	F	Red Rose Road Runners	1:03:29
110	53	Tracey	Hough	FV50		1:03:34
111	125	Derek	Woolley	MV65		1:03:40
112	155	Ian	Bailey	MV55	Lancaster & Morecambe AC	1:03:52
113	54	Gemma	Hulme	FV35		1:04:00
114	50	Angela	Holt	FV40		1:04:03
115	81	David	Needham	MV70	Penistone Footpath Runners Ac	1:04:05
116	74	Jon	Mcleod	MV45		1:04:11
117	154	Jillian	Heywood	FV45	Royton Road Runners	1:04:15
118	89	Darren	Percival	MV35		1:04:23
119	150	Sue	Tonge	FV60	Red Rose Runners	1:04:26
120	56	Adrian	Ibison	MV50		1:04:37
121	93	Carol	Richardson	FV50		1:04:39
122	163	Alison	Mercer	FV55	Red Rose Road Runners	1:05:04
123	94	Linda	Roberts	FV60	Preston Harriers	1:05:30
124	111	Dave	Wakefield	MV45	Preston Harriers	1:05:44
125	14	Helen	Brackley	FV35		1:06:32
126	88	Mark	Peck	MV45		1:06:37
127	26	Phil	Corris	MV60	Lancashire Constabulary	1:06:38
128	42	Peter	Gierth	MV35		1:06:54
129	77	Julie	Merrill	FV35		1:07:46
130	90	Danny	Pilkington	MV40	Clayton Le Moors Harriers	1:08:10
131	73	Stuart	Mcdowall	M		1:08:11
132	110	Janet	Thomas	FV55		1:09:09
133	145	Stephen	Dean	MV35		1:09:58
134	95	Maureen	Roberts	FV60	Lancaster Runners	1:10:57
135	36	Peter	Ehrhardt	MV70	Todmorden Harriers	1:12:17
136	82	Kelly	Nightingale	F		1:13:05
137	23	Emma	Cartwright	F		1:13:45
138	107	Fiona	Swarbrick	FV40		1:13:46
139	47	Tracy	Haggart	FV50		1:16:06
140	46	Mark	Haggart	MV50		1:16:06
141	30	Angela	Dallinger	FV35		1:16:30
142	35	Cheryl	Dunleavy	FV40		1:16:47
143	161	Ron	Chappell	MV70	Clayton Le Moors Harriers	1:16:50
144	85	John	O'Sullivan	MV50		1:17:42
145	92	Sarah	Powell	F		1:18:13
146	38	Katie	Fryer	F		1:18:33
147	128	Tracy	Young	FV50	Preston Harriers	1:28:20

