

Garstang Gallop Results 08 March 2026

Pos	Number	Forename	Surname	Cat	Club	Time
1	551	Rob	Webb	MV35	Rosendale Harriers	00:37:43
2	453	Harry	Edmondson	M	Unattached	00:40:52
3	416	Chris	Banks	MV40	Wesham Road Runners	00:41:13
4	518	Kieran	Rowlands	MV40	Lancaster and Morecambe	00:42:44
5	441	Julien	Cordier	M	Clayton Le Moors Harrier	00:43:23
6	496	Stuart	Nixon	MV40	Preston Harriers	00:44:25
7	571	Peter	Hewitt	MV45	Garstang Running Club	00:44:36
8	534	Andy	Snailham	MV40	Unattached	00:45:02
9	454	Paul	Edwards	MV35	Lostock Ac	00:45:34
10	443	Michael	Croft	MV40	Preston Harriers	00:46:07
11	431	Steven	Calderwood	MV55	Chorlton Runners	00:46:17
12	513	Michael	Roden	MV40	Ribble Valley Runners	00:47:01
13	548	Andrew	Walls	MV40	Unattached	00:47:08
14	573	Becky	Marsh	F	Southport Strollers	00:47:22
15	530	Duncan	Singleton	MV45	Ribble Valley Runners	00:47:30
16	535	Martin	Southworth	MV45	Unattached	00:47:33
17	512	Helen	Roden	FV40	Ribble Valley Runners	00:47:48
18	532	Andy	Smith	M	Unattached	00:47:50
19	568	Norman	Hayhurst	MV65	Bowland Fell Runners	00:48:01
20	543	Hannah	Thornberry	FV45	Ribble Valley Runners	00:48:24
21	531	Adam	Smith	MV35	Unattached	00:49:00
22	456	Thomas	Fletcher	MV35	Unattached	00:49:14
23	511	Janet	Rhodes	FV50	Lostock Ac	00:49:28
24	558	Jack	Wilkinson	M	Unattached	00:49:46
25	411	Gary	Atkinson	MV50	Lancaster and Morecambe	00:50:02
26	418	Melissa	Bell	FV35	Unattached	00:50:10
27	495	Craig	Nicholls	MV50	Ribble Valley Runners	00:50:10
28	539	Antony	Sutton	MV35	Lostock Ac	00:50:13
29	457	Philip	Holland	MV40	Lostock Ac	00:50:15
30	409	Gary	Ascroft	MV35	Ribble Valley Runners	00:50:28
31	449	Carmen	Dickinson	F	Unattached	00:50:35
32	550	George	Watmough	M	Unattached	00:50:48
33	401	Jake	Agar	MV35	Unattached	00:50:59
34	442	Sue	Coulthurst	FV55	Wesham Road Runners	00:51:08
35	572	Max	Whiteley	M	Scrambled Legs	00:51:29
36	423	Karen	Bridge	FV55	Eden Runners	00:51:41
37	508	Phillip	Quibell	MV70	Wesham Road Runners	00:51:49
38	552	Aiden	Weir	M	Unattached	00:51:59
39	503	Jayne	Perry	FV45	Garstang Running Club	00:52:23
40	479	Greg	Kilshaw	MV40	Lostock Ac	00:52:29
41	565	Joe	Collinson	M	Unattached	00:52:37
42	567	Harley	Ritson	M	Unattached	00:52:38
43	458	Steven	Foy	M	Unattached	00:53:02
44	426	Michael	Bunda	MV45	Garstang Running Club	00:53:09
45	465	Hazel	Hatfield	FV45	Lostock Ac	00:53:31
46	525	Daniel	Shepherd	MV45	Ribble Valley Runners	00:53:50
47	484	Miriam	Maher	FV55	Lancaster and Morecambe	00:53:57
48	486	David	Marsh	MV65	Southport Strollers Running Club	00:54:10
49	545	Hayley	Tissington	FV35	Unattached	00:54:14

50	541	Alison	Taberner	FV40	Garstang Running Club	00:54:27
51	498	Dawn	Painter	FV50	Garstang Running Club	00:54:43
52	546	Kimberley	Towler	FV40	Bentham Beagles	00:55:11
53	459	Mike	Geldard	MV55	Ribble Valley Runners	00:55:23
54	481	Helen	Lawrenson	FV55	Wesham Road Runners	00:55:30
55	506	Catherine	Procter	FV40	Unattached	00:55:44
56	439	Alex	Connolly	M	Unattached	00:55:46
57	413	Chris	Baker	MV45	Lostock Ac	00:56:01
58	464	James	Hartley	M	Unattached	00:56:03
59	570	Joanne	Hewitt	FV45	Garstang Running Club	00:56:07
60	480	Paul	Lacey	MV40	Lostock Ac	00:56:15
61	489	Christina	McGuire	FV60	Lancaster and Morecambe	00:56:18
62	526	Martin	Shipway	MV45	Unattached	00:56:19
63	562	Matt	Yates	MV50	Unattached	00:57:00
64	490	Johanna	McManus	FV40	Lostock Ac	00:57:07
65	505	Gareth	Pratt	MV50	Lostock Ac	00:57:12
66	450	Christopher	Donald	MV60	Ribble Valley Runners	00:57:25
67	419	George	Bibby	M	Unattached	00:57:26
68	482	Andrew	Laycock	MV55	Lostock Ac	00:57:31
69	542	Laura	Thompson	F	Unattached	00:57:40
70	560	Priscilla	Woodhouse	FV50	Racepace	00:57:43
71	488	Sally	McCoy	FV60	Lostock Ac	00:57:45
72	462	Brian	Halton	MV65	Lostock Ac	00:57:49
73	517	Simon	Ross	MV55	Ribble Valley Runners	00:57:56
74	467	Les	Hill	MV65	Dumfries Running Club	00:58:06
75	445	Grace	Cross	F	Unattached	00:58:07
76	429	Nicola	Byrne	FV35	Ribble Valley Runners	00:58:12
77	521	Simon	Ryan	MV35	Unattached	00:58:13
78	469	Steph	Bouthman	FV40	Ribble Valley Runners	00:58:15
79	425	Kevin	Brown	MV65	Bentham Beagles	00:58:38
80	502	Michael	Pendlebury	MV65	Ribble Valley Runners	00:58:57
81	537	Perry	Stanley	MV60	Unattached	00:59:15
82	533	Jason	Smith	MV55	Lostock Ac	00:59:19
83	566	Sylvia	Dick	FV50	Unattached	00:59:31
84	485	Maria	Marcinkiw	FV35	Unattached	00:59:36
85	557	David	Wilkinson	MV65	Lancaster and Morecambe	00:59:51
86	487	Finlay	McCalman	MV60	Wesham Road Runners	00:59:58
87	483	Gail	Lumsden	FV55	Ribble Valley Runners	01:00:43
88	549	Sheralyn	Warburton	FV50	Accrington Road Runners	01:00:47
89	547	Vic	Turner	FV40	Unattached	01:00:48
90	478	Lynne	Kenyon	FV60	Red Rose Road Runners	01:01:21
91	509	Brian	Quinn	MV55	Unattached	01:01:31
92	510	Ellis	Quinn	F	Unattached	01:01:31
93	420	Mike	Bird	MV55	Unattached	01:01:38
94	410	Beverley	Atherton-Mckenna	FV55	Lostock Ac	01:01:40
95	444	Rochelle	Crompton	FV40	Unattached	01:01:43
96	403	Terri	Aldred	FV45	Lostock Ac	01:01:43
97	528	Mark	Simmill	MV60	Lancaster and Morecambe	01:01:51
98	428	Dave	Butler	MV55	Wesham Road Runners	01:01:58
99	427	Chloe	Butler	F	Unattached	01:01:58
100	516	Peter	Rooney	MV65	Wesham Road Runners	01:02:13
101	544	Marcus	Thurnhill	MV45	Ribble Valley Runners	01:02:41

102	569	Tom	Kelsall	MV35	Unattached	01:03:53
103	493	Stephen	Morris	MV55	Unattached	01:04:18
104	556	Carole	Wilkinson	FV65	Lancaster and Morecambe	01:04:27
105	523	Simon	Sharman	MV40	Unattached	01:04:50
106	524	Lori	Shaw	FV35	Unattached	01:05:12
107	538	Rachel	Stevens	FV40	Lostock Ac	01:05:34
108	430	Catherine	Crowe	FV50	Unattached	01:05:45
109	474	Emily	James	FV45	Ribble Valley Runners	01:05:46
110	451	Joely	Donald	F	Ribble Valley Runners	01:06:00
111	504	Steve	Perry	MV70	Lancaster and Morecambe	01:06:01
112	477	Alicia	Jones	F	Unattached	01:06:04
113	404	Chloe	Archer	F	Unattached	01:06:09
114	405	Elliot	Archer	M	Unattached	01:06:28
115	553	Natalie	Westgate	FV50	Wesham Road Runners	01:06:56
116	470	Claire	Horner	FV50	Garstang Running Club	01:07:03
117	520	Michelle	Rushby	FV50	Holmfirth Harriers Ac	01:07:14
118	463	Louise	Harrop	FV55	Ribble Valley Runners	01:07:25
119	555	Janet	Whiteside	FV50	Unattached	01:07:39
120	446	David	Cummins	MV55	Unattached	01:07:40
121	501	Eden	Parkinson	MV55	Unattached	01:07:47
122	433	Greg	Carter	M	Unattached	01:08:01
123	434	Ross	Carter	M	Unattached	01:08:01
124	447	Michael	Cummins	MV60	Unattached	01:08:13
125	472	George	Iveson	MV45	Lostock Ac	01:08:20
126	402	Douglas	Ainsworth	MV60	Unattached	01:08:21
127	407	Marc	Armstrong	MV50	Unattached	01:08:36
128	507	Steven	Procter	MV50	Unattached	01:09:05
129	514	Rachel	Rodgers	FV40	Ribble Valley Runners	01:09:36
130	414	Gill	Baker	FV45	Lostock Ac	01:09:47
131	406	Diane	Armstrong	FV45	Bentham Beagles	01:10:13
132	494	Abbie	Moxham	F	Unattached	01:10:17
133	452	Jessica	Duckworth	F	Unattached	01:10:18
134	437	John	Clucas	MV60	Blackburn Road Runners	01:11:01
135	421	Helen	Brackley	FV40	Unattached	01:11:49
136	408	Steve	Arnott	MV65	Bentham Beagles	01:12:32
137	448	Gurbaksh	Dhillon	FV45	Lancaster and Morecambe	01:12:49
138	412	Anne	Bagshaw	FV55	Garstang Running Club	01:12:55
139	559	Julie	Williamson	FV55	Horwich Rmi	01:14:21
140	527	Elaine	Simmill	FV65	Lancaster and Morecambe	01:14:28
141	471	Cindy	Hughes	FV35	Unattached	01:14:40
142	432	Gillian	Caldwell	FV70	Lostock Ac	01:15:12
143	563	Peter	Yeung	MV50	Unattached	01:17:29
144	455	Elaine	Everett	FV45	Unattached	01:17:34
145	475	Michael	Jeffryes	MV55	Red Rose Road Runners	01:18:06
146	436	Simon	Chaffer	MV50	Red Rose Road Runners	01:18:06
147	564	Frank	Miller	MV75	Garstang Running Club	01:18:17
148	491	Adrian	Melton	MV80+	Accrington Road Runners	01:23:46
149	415	Janet	Baker	FV45	Unattached	01:23:50
150	417	Laurie	Barton	F	Garstang Running Club	01:24:56
151	424	Angela	Briggs	FV45	Freck and Warton	01:28:22
152	499	Julia	Park	FV50	Unattached	01:36:24
153	529	Karen	Simpson	FV55	Garstang Running Club	01:36:25