

Pos	Number	Forename	Surname	Cat	Club	Time
1	690	Aaron	Doyle	M	Vale Royal Ac	0:38:04
2	427	Simon	Croft	MV40	Red Rose Road Runners	0:39:03
3	401	Tommy	Harrison	MV35	Bolton United Harriers	0:40:20
4	691	Andrew	Fairbairn	MV45	Thornton Cleveleys Running Club	0:43:46
5	512	John	Myers	MV45	Run Sandymoor	0:44:27
6	195	Paul	Duke	MV45	Burnden Road Runners	0:44:32
7	393	Christian	Pickford	MV45	Bolton United Harriers	0:44:42
8	377	Jack	Akister	M	u/a	0:44:55
9	407	Sophie	Pilkington	F	Red Rose Road Runners	0:45:42
10	735	Gary	Atkinson	MV50	u/a	0:45:48
11	696	Mark	Jackson	MV40	Burnden Road Runners	0:45:55
12	459	Steve	Nolan	MV60	Burnden Road Runners	0:46:28
13	623	Kieran	Horrigan	MV60	u/a	0:47:37
14	84	Matthew	Gardt	MV40	u/a	0:48:04
15	565	Andy	Dunleavy	MV60	Burnden Road Runners	0:48:10
16	675	Miras	Eskander	MV40	Northern Masters Ac	0:48:23
17	673	Tori	Nixon	FV40	Lancaster and Morecambe AC	0:48:35
18	400	Jamie	Hickling	M	u/a	0:48:45
19	701	Dan	Charnley	MV35	Lancaster and Morecambe AC	0:49:21
20	989	John	Hickman	MV60	Thornton Cleveleys Running Club	0:49:28
21	704	Andrew	Firkins	MV50	Lancaster and Morecambe AC	0:49:35
22	504	Samuel	Ashton	M	Burnden Road Runners	0:49:38
23	376	Stephen	Horsman	MV60	Burnden Road Runners	0:49:47
24	737	Christophe	Bridge	M	Red Rose Road Runners	0:50:03
25	674	Chris	Worthington	MV50	Burnden Road Runners	0:50:06
26	457	Marcus	Chester	MV45	Burnden Road Runners	0:50:13
27	720	Robert	Clayton	MV35	Lancaster and Morecambe AC	0:50:17
28	463	Andrew	Stell	MV50	Red Rose Road Runners	0:50:25
29	728	Paul	Brackley	M	u/a	0:50:46
30	469	Edmund	Ashton	MV55	Burnden Road Runners	0:50:53
31	702	Gareth	Lowe	MV40	Burnden Road Runners	0:51:43
32	677	Gwen	Kinloch	FV60	Burnden Road Runners	0:51:48
33	405	James	Hynes	MV50	u/a	0:51:53
34	546	Gareth	Doherty	MV45	Burnden Road Runners	0:51:55
35	456	Martin	Bates	MV65	Wesham Road Runners	0:52:04
36	719	Peter	Lloyd	MV35	Lancaster and Morecambe AC	0:52:19
37	700	Heather	Travis	FV45	Glaxo Hoad Hill Harriers	0:52:48
38	612	Simon	Thomas	MV45	u/a	0:52:51
39	698	Rachel	Helsby	F	u/a	0:53:00
40	967	Martin	Fielding	M	Burnden Road Runners	0:53:15
41	452	Seve	Perry	MV65	Lancaster and Morecambe AC	0:53:18
42	544	Marcus	Hamer	MV60	Burnden Road Runners	0:53:23
43	202	Adam	Austin	MV35	Burnden Road Runners	0:53:24
44	699	Antony	Genovese	MV55	u/a	0:53:31
45	583	Lyndsay	Darbyshire	FV50	Burnden Road Runners	0:53:36
46	689	Anthony	Blight	MV50	Blackpool Wyre & Fylde Ac	0:53:47
47	910	Jayne	Dandy	FV50	u/a	0:53:58
48	226	David	Smith	MV60	Burnden Road Runners	0:54:14
49	270	Ben	Ransome	MV50	Lancaster and Morecambe AC	0:54:26
50	507	Mike	Caine	MV50	Burnden Road Runners	0:54:33
51	527	Patrick	Filio	MV40	Burnden Road Runners	0:54:41
52	640	Paul	Christie	MV65	Burnden Road Runners	0:54:58
53	134	Andrew	Hall	MV45	Blackpool Wyre & Fylde Ac	0:55:02
54	602	Tim	Richardson	MV50	u/a	0:55:07
55	582	Steven	Bate	MV45	Burnden Road Runners	0:55:15

56	422	George	Williams	MV70	u/a	0:55:42
57	392	Liam	Burns	M	u/a	0:55:44
58	678	Anne	Ferguson	FV60	Burnden Road Runners	0:55:47
59	683	Gordon	Everard	MV65	Lancaster and Morecambe AC	0:55:50
60	740	Dawn	Painter	FV50	Garstang Running Club	0:55:59
61	695	Paul	Drew	MV50	Burnden Road Runners	0:56:07
62	739	Daniel	O'Connell	MV40	u/a	0:56:12
63	730	Russell	Wareing	MV50	Lancaster and Morecambe AC	0:56:26
64	440	Matt	Yates	MV45	u/a	0:56:31
65	511	Emma	Fraser	FV40	Run Sandymoor	0:56:39
66	711	Tracey	Mullan	FV45	Thornton Cleveleys Running Club	0:56:57
67	159	Helen	Hall	FV40	Blackpool Wyre & Fylde Ac	0:57:00
68	95	John	McDonald	MV55	Trawden AC	0:57:02
69	219	Derek	Coop	MV60	Howfen Runners	0:57:09
70	697	Adrian	Ashburn	MV40	Burnden Road Runners	0:57:13
71	473	Linda	O'Byrne	FV45	Burnden Road Runners	0:57:14
72	388	Ann	Cleave	FV60	Red Rose Road Runners	0:57:14
73	608	Steven	Robinson	MV65	Thornton Cleveleys Running Club	0:57:18
74	629	Kate	Barras	FV45	Thornton Cleveleys Running Club	0:57:20
75	514	Vicki	Hamer	FV35	Burnden Road Runners	0:57:27
76	734	Stephen	Biscomb	MV65	Clayton-le-moors Harriers	0:57:50
77	684	Debbie	Everard	FV55	Lancaster and Morecambe AC	0:58:14
78	731	Ully	Kritzler	MV50	Lancaster and Morecambe AC	0:58:43
79	403	Sharon	Richardson	FV40	u/a	0:58:52
80	478	Paula	Stell	FV45	Red Rose Road Runners	0:59:09
81	530	Sylvia	Dick	FV45	u/a	0:59:23
82	97	Roxanne	McAllister	FV35	Thornton Cleveleys Running Club	0:59:29
83	685	Colm	O'Brien	MV60	Burnden Road Runners	0:59:38
84	733	Matthew	Potts	MV45	Garstang Running Club	0:59:43
85	724	David	Wilkinson	MV60	Lancaster and Morecambe AC	0:59:46
86	611	Lawrence	McDonald	MV45	Burnden Road Runners	1:00:04
87	676	Andy	Warburton	MV60	Burnden Road Runners	1:00:17
88	387	Jason	Attwood	M	Burnden Road Runners	1:00:23
89	55	Carla	Bleasdale	F	u/a	1:00:44
90	672	Colin	Hoban	MV50	u/a	1:00:55
91	495	Francesca	Caine	F	Burnden Road Runners	1:00:55
92	584	Pauline	Moorcroft	FV60	Red Rose Road Runners	1:01:00
93	977	Alison	Parkinson	FV55	Red Rose Road Runners	1:01:02
94	723	Carole	Wilkinson	FV60	Lancaster and Morecambe AC	1:01:28
95	594	Heather	Yates	FV45	u/a	1:01:40
96	402	Jamie	Buchanan	M	u/a	1:01:53
97	545	Simon	Scarr	MV55	Blackpool Wyre & Fylde Ac	1:01:57
98	682	Marc	Mooney	MV35	u/a	1:01:59
99	681	David	Havercroft	MV40	u/a	1:01:59
100	725	Jon	Paramor	MV70	Manchester Ymca Harriers	1:02:01
101	336	Karen	Bannon	FV40	u/a	1:02:18
102	510	John	Houghton	MV60	Run Sandymoor	1:02:18
103	686	Jane	Forrest	FV60	Burnden Road Runners	1:02:38
104	742	Emma	Wrathall	FV50	u/a	1:02:45
105	217	Andrea	Gregory	FV50	u/a	1:02:46
106	416	Natalie	Moore	FV40	Red Rose Road Runners	1:02:49
107	729	Alana	Webster	F	u/a	1:02:57
108	228	Neil	Smith	M	u/a	1:02:57
109	352	Carol	Douglass	FV75	Red Rose Road Runners	1:03:05
110	688	Adrian	Ibison	MV55	Garstang Running Club	1:03:06
111	532	Emma	Walker	FV50	Burnden Road Runners	1:03:11

112	570	Bethany	Fleetwood	F	u/a	1:03:21
113	566	Elizabeth	Fleetwood	FV55	Lonely Goat Running Club	1:03:25
114	522	Julia	Hall	FV50	Burnden Road Runners	1:03:26
115	435	Anthony	Burns	MV50	u/a	1:03:49
116	579	Gillian	Morris	FV45	Burnden Road Runners	1:04:07
117	999	Matthew	Lucock	M	Harrogate Harriers	1:04:15
118	693	Teresa	Riley	FV55	Burnden Road Runners	1:05:35
119	738	Peter	Brookes	MV40	u/a	1:05:50
120	600	David	Pilkington	MV60	u/a	1:05:59
121	680	James	Carter	MV50	Garstang Running Club	1:06:34
122	715	Jane	Openshaw	FV40	Garstang Running Club	1:06:35
123	593	Ian	Wilson	MV55	Blengdale Runners Ac	1:06:47
124	705	Gurbaksh	Dhillon	FV40	Lancaster and Morecambe AC	1:07:14
125	708	Simon	Entwistle	MV40	u/a	1:07:40
126	354	Mark	Turner	MV60	Burnden Road Runners	1:07:41
127	694	Nia	Bell	FV60	Burnden Road Runners	1:08:25
128	709	Philip	Glassbrook	MV75	Burnden Road Runners	1:08:36
129	726	Tom	Lancaster	M	u/a	1:08:38
130	620	Michael	Carey	MV35	Thornton Cleveleys Running Club	1:08:54
131	616	Keith	Benson	MV50	Thornton Cleveleys Running Club	1:08:54
132	538	Louise	Righini	FV40	Burnden Road Runners	1:08:59
133	520	Nicola	Hardy	FV40	Burnden Road Runners	1:09:37
134	128	David	Kuterescz	MV40	u/a	1:09:48
135	67	Christine	Rostron	FV55	Red Rose Road Runners	1:10:13
136	714	Carolyn	Edwards	FV50	Burnden Road Runners	1:10:15
137	732	Dan	Mullarkey	M	Swinton Running Club	1:10:23
138	628	Sheila	Christie	FV55	Burnden Road Runners	1:11:07
139	103	Lauren	Cobb	MV35	Stainland Lions	1:11:09
140	91	Lia	Murphy	F	Lyrham St Annes Road Runners	1:11:36
141	717	Catherine	Douglas	FV55	Lancaster and Morecambe AC	1:11:44
142	706	Chelsea	Entwistle	F	Burnden Road Runners	1:12:21
143	351	Dawn	Stewart	FV55	Lonely Goat Running Club	1:12:26
144	736	Susan	Hodgson	FV60	Lancaster and Morecambe AC	1:12:31
145	613	Keith	Burrows	MV60	Red Rose Road Runners	1:13:08
146	437	Amanda	Fuller	FV45	Blackpool Wyre & Fylde Ac	1:13:21
147	660	Karen	Smith	FV55	Thornton Cleveleys Running Club	1:14:28
148	741	Joydip	Majunder	MV45	Red Rose Road Runners	1:15:34
149	718	Rachel	Gough	FV50	u/a	1:15:49
150	707	Jennifer	Entwistle	FV40	Burnden Road Runners	1:16:02
151	605	Angela	Dallinger	FV40	Red Rose Road Runners	1:16:42
152	710	Anthony	Pope	MV65	Red Rose Road Runners	1:17:00
153	379	Malcolm	Beech	MV70	Blackpool Wyre & Fylde Ac	1:18:36
154	727	Helen	Brackley	FV35	u/a	1:18:43
155	721	Shirley	Robinson	FV55	Burnden Road Runners	1:18:58
156	458	Sandra	Rolston	FV60	Red Rose Road Runners	1:20:29
157	713	Jeanette	Higham	FV40	u/a	1:21:34
158	712	Jayne	Hodge	FV40	u/a	1:21:34
159	687	Ian	Mann	M	Burnden Road Runners	1:22:40
160	679	Anthony	Fulop	MV60	Burnden Road Runners	1:23:02
161	692	Gillian	McGowan	FV55	Burnden Road Runners	1:23:20
162	638	Mark	Legg	MV55	u/a	1:23:30
163	625	Steven	Legg	MV55	u/a	1:23:42
164	722	Jennifer	Forkin	FV40	Burnden Road Runners	1:23:45
165	548	Cheryl	Dunleavy	FV40	Burnden Road Runners	1:23:45
166	404	Debra	Hennessey	FV50	Burnden Road Runners	1:26:07
167	549	Jane	Compton	FV50	Burnden Road Runners	1:26:07

168	743	Catherine	Wormleigh	FV45	u/a	1:27:42
169	703	Trevor	Eagle	MV60	Burnden Road Runners	1:43:01
170	716	Claire	Horner	FV45	Garstang Running Club	1:43:01