

Pos	Number	Forename	Surname	Club	Time	
1	274	Jack	Wood	M	Ilkley Harriers	0:53:54
2	113	Tommy	Harrison	M	Bolton United Harriers	0:54:02
3	325	Will	Kerr	MW40	Saltire Striders	0:58:35
4	25	Duncan	Anderson	MW35	Red Rose Road Runners	0:59:00
5	184	Paul	Muller	MW60	0	0:59:59
6	256	Marc	Smith	MW40	Chorley Athletic and Triathlon Club	1:00:18
7	308	Robert	Walsh	MW35	Trawden Ac	1:00:23
8	145	Emily	Japp	F	Blackpool Wyre and Fylde Athletics Club	1:00:44
9	143	Calum	James	M	Clayton Le Moors Harriers	1:00:44
10	52	Kim	Brown	MW40	0	1:00:51
11	216	Graham	Rose	MW35	Trawden Ac	1:01:21
12	242	David	Taylor	M	Wesham Rr	1:01:23
13	67	Jonathan	Cleaver	MW35	Clayton Le Moors	1:01:31
14	128	Neil	Holding	MW35	Horwich Rm	1:02:25
15	299	Ricky	Pickering	M	0	1:02:36
16	165	Jonathan	Mattock	MW45	Chorley Athletic + Tri	1:04:05
17	251	Daniel	O'Donnell	MW40	0	1:04:22
18	328	Steven	Forrest	MW35	Merseytri	1:04:35
19	61	Matthew	Collins	MW35	0	1:04:45
20	81	Sean	Davis	MW35	C.O.L.T City of Lancaster Tri	1:05:52
21	87	Colin	Dobbs	MW35	Penny Lane Striders	1:05:02
22	331	Joanne	Nelson	FV45	Blackburn Harriers	1:05:21
23	324	Chris	Horne	MW40	Garstang Running Club	1:05:35
24	200	Ralph	Pawling	M	Penyros Road Runners	1:05:57
25	73	Russ	Corsini	MW55	Darwen Dashers	1:06:08
26	332	Graeme	Murray	MW45	Garstang RC	1:06:19
27	210	Jason	Rippingale	MW40	Blackburn Road Runners	1:06:32
28	319	Stephen	Young	MW40	0	1:06:40
29	140	David	Ingle	MW55	Halifax Harriers	1:06:49
30	302	Sarah	Ridehalgh	FV40	Accrington Road Runners	1:07:01
31	273	Felicity	Wolohan	F	Lytham St Annes Road Runners	1:07:23
32	318	John	Naylor	MW35	Red Rose Road Runners	1:07:41
33	310	Ellie	Wright	F	Blackburn Road Runners	1:07:49
34	71	Adam	Cortlett	M	0	1:08:57
35	166	Paul	Maye	MW45	0	1:08:15
36	14	Andrew	Acklam	MW45	Preston Harriers	1:08:53
37	182	Shaun	Moran	MW55	Astley & Tlydesley Road Runners	1:08:57
38	88	Joseph	Dooley	MW50	0	1:09:38
39	152	Sarah	Mccartney	FV40	0	1:09:53
40	220	Gary	Heyworth	MW50	Riversway Roadrunners	1:09:56
41	15	Tariq	Almeid	MW40	0	1:10:07
42	195	Simon	O'Leary	MW40	Riversway Road Runners	1:10:11
43	312	Phil	Cray	MW55	Garstang RC	1:10:19
44	249	Michelle	Vaughan	FV45	East Cheshire	1:10:22
45	329	Simon	Maughan	MW50	0	1:10:29
46	32	Rachael	Beaumont	FV45	Halifax Harriers	1:10:34
47	85	Catherine	Derbyshire	FV40	Accrington Road Runners	1:10:36
48	62	Will	Carver	MW35	Halifax Harriers	1:10:36
49	326	Simon	Williams	MW40	Styal Running Group	1:11:00
50	41	Andy	Birkbeck	MW50	Red Rose Road Runners	1:11:18
51	48	Richard	Briscoe	MW35	Clayton Le Moors Harriers	1:11:35
52	11	James	Cornall	M	Garstang RC	1:11:50
53	6	Steven	Livesey	MW50	Thornton Cleveleys RC	1:11:59
54	271	David	Wilson	MW35	0	1:12:04
55	254	David	Walker	MW55	Lancaster and Morecambe AC	1:12:09
56	240	Ian	Tate	MW40	Lytham St Annes Road Runners Club	1:12:13
57	330	Marc	Jordan	MW35	Riversway roadrunners	1:12:29
58	213	Tom	Rocheteau	MW55	Halifax Harriers	1:12:36
59	320	Janine	Needham	FV40	Red Rose Road Runners	1:12:40
60	268	Simon	Wilson	MW60	Lonsdale Fell Runners	1:12:47
61	12	Jayne	Perry	FV35	Lancaster & Morecambe AC	1:12:50
62	287	David	Atkinson	MW55	Northern Masters Athletics Club	1:12:52
63	178	Brian	Middleton	MW65	St Helens Striders	1:12:58
64	181	Michael	Moran	MW55	Blackburn Road Runners	1:13:13
65	49	David	Broadley	MW50	Halifax Harriers	1:13:47
66	127	Dave	Hogg	MW45	0	1:13:51
67	186	Steve	Murphy	MW45	Red Rose Road Runners	1:13:57
68	50	Dawn	Broom	FV50	Penistone Footpath Runners	1:14:13
69	290	John	Broom	MW45	Penistone Footpath Runners	1:14:15
70	160	Daisy	Man	F	Penny Lane Striders	1:14:19
71	303	Tony	Seville	MW30	Thornton Cleveleys Running Club	1:14:39
72	301	David	Rae	MW40	0	1:14:39
73	116	Julia	Hartley	FV45	Accrington Road Runners	1:14:41
74	172	John	McDonald	MW50	Trawden Ac	1:15:06
75	206	Scott	Reid	MW60	0	1:15:07
76	245	Michelle	Tickle	FV40	Blackpool Wyre & Fylde Ac	1:15:13
77	194	Kerry	Oldfield	FV40	Kendal Acc	1:15:24
78	296	Mark	Jell	MW40	0	1:15:33
79	207	Carol	Reilly	FV45	Blackburn Harriers	1:16:00
80	121	Robert	Hick	MW60	Halifax Harriers	1:16:12
81	288	Carl	Balshaw	MW45	Knowsley Harriers	1:16:17
82	209	Nigel	Rigg	MW55	Halifax Harriers	1:16:25
83	131	Paul	Hopkinson	MW55	Halifax Harriers	1:16:26
84	298	Lee	Nixon	MW35	Wesham Road Runners	1:17:05
85	30	Martin	Bates	MW60	Wesham Road Runners	1:17:07
86	175	Ken	Mellis	MW40	0	1:17:16
87	316	Mike	Mills	MW40	0	1:17:25
88	59	Kieron	Carr	MW45	Knowsley Harriers	1:17:26
89	238	Richard	Storey	MW35	Lytham St Annes Road Runners	1:17:28
90	286	Phillip	Young	MW50	0	1:17:38
91	297	Sam	Lawrence	MW35	Riversway Roadrunners	1:17:44
92	162	David	Marsh	MW55	Southport Waterloo Ac	1:17:50
93	151	Stewart	Lamb	M	Garstang Running Club	1:18:31
94	258	David	Webb	MW35	Penny Lane Striders	1:18:35
95	315	Amie	McAvoy	F	Garstang RC	1:18:41
96	277	Dylan	Wardley	M	0	1:18:43
97	112	Christopher	Hargreaves	MW35	Red Rose Runners	1:18:55
98	265	Brian	Wildman	MW50	Clayton Le Moors Harriers	1:18:57
99	2	Steve	Hollis	MW60	Road Runners Club	1:19:01
100	221	Phillip	Rycoft	MW55	0	1:19:03
101	235	Roy	Stevens	MW65	Lytham St Annes Road Runners	1:19:06
102	278	Michael	Worthington	MW50	0	1:19:06
103	289	Mark	Bradby	MW55	Clayton Le Moors Harriers	1:19:17
104	311	Paul	Yates	MW45	0	1:19:27
105	322	David	Pagan	MW70	0	1:19:30
106	153	Lee	Lawrenson	MW35	Red Rose Road Runners	1:19:31
107	217	Steve	Rostron	MW45	Tri Preston	1:19:34
108	233	Emily	Stapleton	FV45	Lancaster & Morecambe Ac	1:19:40
109	27	Phillip	Bailey	MW40	0	1:20:01
110	183	Nathan	Halcovitch	M	0	1:20:44
111	105	Adrian	Murfit	MW40	Harrogate Harriers	1:20:58
112	74	Michael	Coupland	MW35	Red Rose Road Runners	1:21:06
113	70	Patrick	Corbett	MW50	Lancaster & Morecambe Athletic Club	1:21:14
114	77	Anneke	Crosby	FV50	Red Rose Road Runners	1:21:19
115	173	Gerard	Mcgonagle	MW40	0	1:21:19
116	261	Ben	White	MW65	Blackburn Road Runners	1:21:22
117	282	Phil	Wrigley	MW35	Wesham Road Runners	1:21:50
118	225	Sally	Shacklock	FV35	Halifax Harriers	1:22:03
119	53	James	Bucklock	M	Lytham St Annes Road Runners	1:22:12
120	309	Robbie	Treacchi	MW40	Knowsley Harriers Athletics Club	1:22:18
121	285	David	Young	MW70	Wesham R.R.	1:22:20
122	148	Nigel	Kelsall	MW40	0	1:22:24
123	72	Susan	Corsini	FV50	Darwen Dashers	1:22:30
124	283	Matt	Yates	MW40	0	1:22:41
125	66	Craig	Clark	MW45	Accrington Road Runners	1:22:44
126	56	Allison	Cardwell	FV50	Styal Running Club	1:22:49
127	232	Colin	Smith	MW50	Trawden Ac	1:22:50
128	83	Margaret	Deacon	FV45	Halifax Harriers	1:23:03
129	272	John	Wiseman	MW50	Red Rose Road Runners	1:23:05
130	89	Neil	Edwards	MW55	0	1:23:24
131	76	Silvia	Cray	FV45	0	1:23:54
132	212	Simon	Robinson	MW40	0	1:24:01
133	333	Graham	Lawton	MW40	Lancaster & Morecambe	1:24:03
134	100	Peter	Grime	MW50	0	1:24:16
135	323	Debbie	Bland	FV60	Eccleshill Road Runners	1:24:27
136	123	Bernard	Higham	MW55	0	1:24:28
137	43	Ian	Blundell	MW50	0	1:24:32
138	205	Gillian	Pryor	FV40	Thornton Cleveleys	1:24:39
139	132	Angela	Howarth	FV45	0	1:24:40
140	214	Julia	Rolfe	FV55	Lytham St. Annes Road Runners	1:24:45
141	97	Claire	Godfrey	F	Garstang	1:25:22
142	183	Kate	Morris	F	Bentham Beagles Running Club	1:25:31
143	109	Rachel	Hancock	FV40	0	1:25:34
144	61	Kirsty	Carver	FV40	Halifax Harriers	1:26:02
145	246	Michelle	Tomlinson	MW55	Thornton Cleveleys Running Club	1:26:06
146	247	Roy	Tomlinson	MW55	Thornton Cleveleys Running Club	1:26:06
147	79	Amanda	Cutler	FV50	Red Rose Road Runners	1:26:07
148	159	David	Mallaby	MW55	Accrington Road Runners	1:26:11
149	58	Tracey	Carr	FV50	Knowsley Harriers	1:26:11
150	60	Paul	Carter	MW45	Wesham Road Runners	1:26:20
151	9	Carolyn	Douglass	FV70	Red Rose Runners	1:26:24
152	22	David	Allison	MW50	0	1:26:27
153	292	Lurdes	Corlett	FV50	0	1:26:35
154	119	Vicky	Heys	FV45	Clayton Harriers	1:26:53
155	306	Angela	Shlan	FV40	Clayton Harriers	1:26:54
156	84	Graham	Denney	MW50	Trawden Ac	1:27:21
157	133	Nicola	Howarth	FV45	St Helens Striders	1:27:23
158	94	Carol	Foster	FV55	St Helens Striders	1:27:23
159	197	Gemma	Owen	FV35	Wesham Road Runners	1:27:28
160	203	Rachel	Platel	FV35	0	1:27:37
161	57	Wayne	McIntosh	MW35	Clayton Le Moors Harriers	1:27:56
162	180	John	Moore	MW45	Halifax Harriers	1:28:00
163	305	Joe	Shaw	MW50	0	1:28:21
164	51	Cliff	Brown	MW45	0	1:28:22
165	307	Lee	Shorrocks	MW35	0	1:28:31
166	198	Eden Balboa	Parkinson	MW45	0	1:28:40
167	90	Linda	Ensbj	MW50	Trawden Ac	1:28:52
168	138	Judi	Ingham	FV45	Red Rose Road Runners	1:29:44
169	139	Joan	Ingham	F	Red Rose Road Runners	1:29:45
170	10	Emily	Gouldthorpe	F65	Red Rose Runners	1:29:51
171	177	Alison	Mercer	MW50	Red Rose Road Runners	1:30:02
172	321	Greg	Oulton	MW50	Lytham St Annes	1:30:15
173	239	Julie	Taberner	FV60	0	1:30:18
174	228	Paul	Dixon	MW45	0	1:30:30
175	46	Paul	Botham	MW45	Thornton Cleveleys Running Club	1:30:30
176	156	Katherine	Lewis	FV35	Lancaster & Morecambe Athletics Club	1:30:34
177	327	Ian	Bailey	MW55	Lancaster & Morecambe AC	1:30:36
178	1	Finlay	McCalman	MW50	Wesham RR	1:31:06
179	3	Hilary	Bell	FV50	Glossopdale Harriers	1:31:15
180	252	Carl	Waldie	F	Astley & Tlydesley Road Runners	1:31:31
181	63	Sarah	Castro	MW40	0	1:31:36
182	255	Paul	Walmisley	MW55	Blackburn Road Runners	1:31:40
183	155	Mrs V	Lewin	FV65	Halifax Harriers	1:31:43
184	157	Jonny	Lister	MW45	Halifax Harriers	1:31:58
185	111	Elaime	Hardy	FV45	0	1:32:35
186	293	Charles	Culley	M	Red Rose Road Runners	1:33:01
187	317	Lynsay	Mills	FV40	0	1:33:01
188	176	Aileen	Menzies	FV40	0	1:33:09
189	141	Davinia	Jackson	FV35	Thornton Cleveleys Running Club	1:33:23
190	101	Martin	Haigh	MW60	Halifax Harriers	1:33:26
191	281	Vikki	Wrigley	FV40	Thornton Cleveleys Running Club	1:33:27
192	199	David	Parrington	FV40	Halifax Harriers	1:33:33
193	226	Carol	Sharpe	MW45	0	1:33:38
194	248	Vicky	Van Den Biggelaar	FV40	Women on the Run	1:33:44
195	211	Linda	Roberts	FV60	Preston Harriers	1:33:47
196	263	Sue	Wellham	FV55	Preston Harriers	1:35:17
197	33	George	Bell	MW60	Blackburn Road Runners	1:35:28
198	24	Elizabeth	Anderson	F		