



**MYERSCOUGH COLLEGE**  
In association with  
**GARSTANG RUNNING CLUB**

www.garstangrc.co.uk

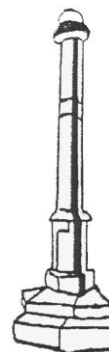
Presents the

**MYERSCOUGH 10**

**SUN 1st Dec, 2019 10.00 am**

A 10 MILE ROAD RACE OVER A FLAT COUNTRY COURSE

**Lancashire Cheese to all finishers!**



STARTING AND FINISHING AT THE EQUESTRIAN CENTRE,  
MYERSCOUGH COLLEGE, ST. MICHAEL'S ROAD, BILSBORROW PRESTON, PR3 0RY.  
(M6 Junction 32, 4 miles North on A6)

**RACE HQ in the Equestrian Centre with Car Parking & Refreshments**

**NOT SUITABLE FOR DOGS, WHEELCHAIRS AND PUSHCHAIRS**

**Postal Entries which exceed Licence Limit will be returned**

**Entries on the day up to race limit if available • LIMIT 400 Entries**

**Online entries at www.ukresults.net • Run under UKA Rules**

**Prizes awarded for the first three men and women,  
First male veteran 40, 45, 50, 55, 60, 65, 70, 75 and 80+  
First female veteran 35, 40, 45, 50, 55, 60, 65, 70 and 75+  
Competitors may receive only one individual prize**

**UKA  
Licence  
Applied For**

Entries (incl. max size A5 SAE) to:

Myerscough 10, Woodville, Tarnacre Lane, Churchtown, Preston. PR3 0TB.Tel: 07764 968760

**MYERSCOUGH 10**

FIRST NAME: \_\_\_\_\_ SURNAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

POST CODE: \_\_\_\_\_ TEL: \_\_\_\_\_ MALE/FEMALE \_\_\_\_\_

AGE ON DAY OF RACE (Min. 17 years): \_\_\_\_\_ Email: \_\_\_\_\_

EMAILS WILL ONLY BE USED TO SEND INFORMATION ABOUT THIS ENTRY OR DETAILS OF OTHER GARSTANG RC RACES ONLY

Category: M  MV40  MV45  MV50  MV55  MV60  MV65  MV70  MV75  MV80+

(Please tick) F  FV35  FV40  FV45  FV50  FV55  FV60  FV65  FV70  FV75+

AFFILIATED CLUB \_\_\_\_\_ EA Reg No. \_\_\_\_\_

FEE ENCLOSED: AFFILIATED £12.00 UNATTACHED £14.00 (Entries on day £2.00 extra)

CHEQUES PAYABLE TO GARSTANG RUNNING CLUB (Myerscough 10)

**Closing day for postal entries: MONDAY 25th Nov 2019**

I hereby agree that any participation by me in the Event is solely and entirely at my own risk and (to the extent permitted by law) no person(s) or organisation(s) shall be liable for any accident, harm, injury, loss or damage to property, however so caused, arising out of or in connection with or, suffered during or as a result of, my participation in the Event. Full details on www.garstangrc.co.uk/club-races.

I also agree that the organisers may alter details of the race without notice and that, in the unlikely event of abandonment, all or part of my entry fee may not be refunded. There will be no refunds or transfers to another event if an entrant is unable to attend once entered. However the entry can be passed onto another person provided the organisers are informed of the changes.

SIGNATURE (Parent/Guardian if aged under 18) \_\_\_\_\_ DATE \_\_\_\_\_

