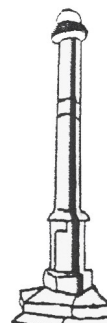




MYERSCOUGH COLLEGE
In association with
GARSTANG RUNNING CLUB
www.garstangrc.co.uk – also on Facebook and Twitter



MYERSCOUGH 10

SUN 4th Dec, 2022 10.00 am

A 10 MILE ROAD RACE OVER A FLAT COUNTRY COURSE
Sandham's Lancashire Cheese and CHIP TIMING!
Run under UKA Rules - NO in-ear headphones

STARTING AND FINISHING AT THE BUSINESS CENTRE,
MYERSCOUGH COLLEGE, ST. MICHAEL'S ROAD, BILSBORROW PRESTON, PR3 0RY.
(M6 Junction 32, 4 miles North on A6)

RACE HQ in the Business Centre with Car Parking & Refreshments

NOT SUITABLE FOR DOGS, WHEELCHAIRS AND PUSHCHAIRS

**Prizes awarded for the first three men and women,
First male veteran 40, 45, 50, 55, 60, 65, 70, 75 and 80+
First female veteran 35, 40, 45, 50, 55, 60, 65, 70 and 75+
Competitors may receive only one individual prize**

**UKA
Licence
Applied**

Postal entries (incl. max size A5 SAE - or collect number by 9.30am on the day) to:
Myerscough 10, Woodville, Tarnacre Lane, Churchtown, Preston. PR3 0TB.Tel: 07764 968760
Entries on the day up to race limit if available • LIMIT 400 Entries
On-line entries available on www.ukresults.net (see calendar)

MYERSCOUGH 10

FIRST NAME: _____ SURNAME: _____

ADDRESS: _____

POST CODE: _____ TEL: _____ MALE/FEMALE _____

AGE ON DAY OF RACE (Min. 17 years): _____ Date of Birth: _____

Email: _____
EMAILS WILL ONLY BE USED TO SEND INFORMATION ABOUT THIS ENTRY OR DETAILS OF OTHER GARSTANG RC RACES ONLY

AFFILIATED CLUB _____ EA Reg No. _____

FEE ENCLOSED: AFFILIATED £15.00 UNATTACHED £17.00 (Entries on day £3.00 extra)
CHEQUES PAYABLE TO GARSTANG RUNNING CLUB (Myerscough 10)

Closing day for postal entries: MONDAY 27th Nov 2022

I hereby agree that any participation by me in the Event is solely and entirely at my own risk and (to the extent permitted by law) no person(s) or organisation(s) shall be liable for any accident, harm, injury, loss or damage to property, however so caused, arising out of or in connection with or, suffered during or as a result of, my participation in the Event. Full details on www.garstangrc.co.uk/club-races.

I also agree that the organisers may alter details of the race without notice and that, in the unlikely event of abandonment, all or part of my entry fee may not be refunded. There will be no refunds or transfers to another event if an entrant is unable to attend once entered. However the entry can be passed onto another person provided the organisers are informed of the changes.

SIGNATURE (Parent/Guardian if aged under 18) _____ DATE _____