

MYERSCOUGH COLLEGE in association with **GARSTANG RUNNING CLUB**

www.garstangrc.co.uk – also on Facebook



Myerscough
College

MYERSCOUGH 10

SUN 7th Dec, 2025 10.00 am

A 10 MILE ROAD RACE OVER A FLAT COUNTRY COURSE

CHIP TIMING and Sandham's Lancashire Cheese for all finishers!

Run under UKA Rules - NO in-ear headphones



Myerscough
College

MYERSCOUGH COLLEGE, ST. MICHAEL'S ROAD, BILSBORROW PRESTON, PR3 0RY.

(M6 Junction 32, 4 miles North on A6)

Enter the college at the PLANT WORLD entrance and you will be directed to the carpark

NOT SUITABLE FOR DOGS, WHEELCHAIRS AND PUSHCHAIRS

*Prizes awarded for the first three men and women,
First male veteran 40, 45, 50, 55, 60, 65, 70, 75 and 80+
First female veteran 35, 40, 45, 50, 55, 60, 65, 70 and 75+
Competitors may receive only one individual prize
Male Team prize (4 fastest), Female Team prize (3 fastest)*

Entries on the day up to race limit if available • LIMIT 400 Entries

On-line entries available on www.ukresults.net (see calendar)

AFFILIATED £20.00 UNATTACHED £22.00 inc online admin charge

Entries on the day Affiliated £23, Unattached £25