

Pos	Number	Forename	Surname	Cat	Club	Time
1	616	Will	Simmons	M	Ilkley Harriers	0:55:19
2	363	Martin	Dawson	MV40	North Derbyshire RC	0:56:06
3	633	Mike	Toft	M	Lytham St. Annes Rr Club	0:57:00
4	192	Matthew	Allen	MV40	Ryston Runners	0:57:38
5	689	Shaun	Livesey	MV40	Ribble Vallley Harriers	0:57:41
6	440	David	Brockway	M	Wirral Ac	0:57:42
7	624	Richard	Stevenson	MV40	Clayton-le-moors Harriers	0:59:45
8	690	Doug	Love	MV35		0:59:59
9	714	Alex	Waddelove	M	Southport Waterloo Ac	1:00:35
10	567	Paul	Muller	MV60	Horwich Rmi	1:00:47
11	695	Andrew	Smith	MV35	Airecentre Pacers	1:01:11
12	631	David	Taylor	M	Wesham Rr	1:01:56
13	236	Richard	Jones	MV40	Garstang Rc	1:02:27
14	566	Dave	Motley	MV35	Ribble Valley Harriers	1:02:44
15	484	Paul	Edwards	M	Spa Striders	1:03:00
16	711	Graeme	Murray	MV40	Garstang RC	1:03:20
17	613	Joseph	Sharples	M	Preston Harriers	1:03:25
18	519	Kieran	Horrigan	MV55		1:03:36
19	617	Matt	Simpson	MV35	Blackburn Road Runners	1:03:37
20	602	Jason	Rippingale	MV40	Blackburn Road Runners	1:03:53
21	645	Robert	Walsh	MV45	Chorley Athletic and Triathlon Club	1:04:07
22	636	Joseph	Tyldesley	M	Thornton-cleveleys Running Club	1:04:12
23	640	Chris	Wales	MV45	Preston Harriers	1:04:21
24	126	Chris	Horner	MV40	Garstang Rc	1:04:27
25	419	David	Barras	M	Thornton Cleveleys Running Club	1:04:31
26	540	Chris	Lydon	MV55	Beckenham Rc	1:04:54
27	586	Daniel	Paton	MV40	Central Lancs Running & Triathlon Club (Clan)	1:05:06
28	461	Julien	Tour	MV35	Penny Lane Striders	1:05:21
29	676	Stephen	Young	MV40	Preston Harriers	1:05:36
30	588	Ralph	Pawling	M	Pensby Runners	1:05:42
31	485	Miras	Eskander	MV35	Northern Masters Ac	1:06:03
32	549	Jonathan	Mattock	MV45	Chorley Athletic + Tri	1:06:09
33	706	Martin	Quinn	MV45	Chorley Athletics & Tri	1:06:17
34	436	Jimmy	Bottomley	MV55		1:06:20
35	587	Felicity	Pawling	F	Penny Lane Striders	1:06:23
36	496	Paul	Gillon	MV50	Lancaster Runners	1:07:01
37	579	Daniel	Odonnell	MV45	Lancaster Runners	1:07:24
38	687	Jonathan	Hall	M		1:07:38
39	644	Samuel	Walmsley	M		1:07:49
40	650	Tony	Wardle	MV50	Vale Royal Ac	1:07:52
41	582	David	Owens	MV45	Pennylane Striders	1:07:55
42	459	Matthew	Collins	MV35	Merseytri	1:08:02
43	477	Colin	Dobbs	MV40	Penny Lane Striders	1:08:38
44	693	Dougie	Potter	MV35	Preston Harriers	1:08:50
45	653	Paul	Wearden	MV40		1:09:03
46	683	Catherine	Evans	FV35	Keswick Ac	1:09:13
47	515	Michael	Hogan	MV50	Clayton Le Moors Harriers	1:09:55
48	38	Pete	Baistow	MV40	Pendle Ac	1:09:59
49	520	Jennifer	Houghton	F	Kirkby Milers	1:10:04
50	449	John	Carr	MV55		1:10:06

51	429	Andy	Birkbeck	MV55	Red Rose Road Runners	1:10:12
52	426	Andrew	Biddle	MV40	Penny Lane Striders	1:10:32
53	626	Carmel	Sullivan	FV50	Wesham Road Runners	1:11:22
54	554	Andrew	Mccracken	MV45		1:12:06
55	447	Emma	Callery	F	St Helens Striders	1:12:13
56	663	David	Wilson	M	St Helens Striders	1:12:14
57	646	Colin	Walton	MV35	Garstang	1:12:57
58	474	Catherine	Derbyshire	FV40	Accrington Road Runners	1:13:00
59	673	Paul	Yates	MV45		1:13:04
60	558	Steven	Melling	MV60	Rosendaleharriers	1:13:19
61	654	David	Webb	MV35	Penny Lane Striders	1:13:23
62	516	Simon	Hogan	MV45		1:14:04
63	705	Danny	Bottomley	M		1:14:11
64	334	Andrew	Whipp	MV35		1:14:15
65	605	Dave	Rowley	MV40		1:14:17
66	431	Jason	Blagden	MV45	Wesham Road Runners	1:14:21
67	715	James	Wardle	MV50	Lancaster & Morecambe Ac	1:14:26
68	639	David	Unsworth	MV55	Horwich Rmi Harriers	1:14:29
69	102	David	Atkinson	MV55	Fylde Coast Runners	1:14:42
70	350	Marissa	Cornall	FV35	Garstang Rc	1:14:55
71	641	Rob	Wallace	M	Wesham Road Runners	1:15:08
72	697	Alan	Stewart	MV55	Garstang Runners	1:15:30
73	642	Michael	Walling	M		1:15:37
74	659	Jeff	Whitfield	MV45	Blackburn Road Runners	1:15:38
75	506	Shirley	Hargreaves	FV40	Blackburn Road Runners	1:15:39
76	662	Simon	Wilson	MV60	Lonsdale Fell Runners	1:15:43
77	580	Simon	O'Leary	MV40	Riversway Road Runners	1:15:59
78	509	James	Hartley	M	Lytham St Annes	1:16:14
79	220	Chris	Corrigan	M	Lions Running Community	1:16:24
80	388	John	McDonald	MV55	Trawden Ac	1:16:30
81	529	Dean	Jackson	MV40		1:16:53
82	124	Jeanette	Armitage	FV40		1:16:54
83	495	Pete	Gardner	MV40	Darwen Running Group	1:16:54
84	703	Amie	McAvoy	F	Garstang RC	1:17:04
85	684	Richard	Field	MV40	Red Rose Road Runners	1:17:05
86		No	Name			1:17:08
87		No	Name			1:17:13
88	701	Martin	Brady	MV55	Clayton Le Moors Harriers	1:17:39
89	468	Chandan	Dafale	M		1:17:47
90	476	Paul	Dixon	MV45	Thornton Clevelys Running Club	1:17:52
91	417	Sam	Bancroft	M		1:17:58
92	568	Steve	Murphy	MV45	Red Rose Road Runners	1:18:12
93	359	Stephen	Perry	MV60	Lancaster & Morecambe Ac	1:18:19
94	599	Scott	Reid	MV65		1:18:30
95	699	Elaine	Collins	FV35	Northwich Running Club	1:18:42
96	571	Darren	Nicholls	MV50	Chorley Athletic Triathlon Club	1:18:49
97	503	Steve	Hamer	MV60	Radcliffe Ac	1:18:54
98	704	Sean	Cole	MV40	Trawden Ac	1:19:14
99	546	David	Marsh	MV55	Southport Waterloo Ac	1:19:23
100	576	Jude	Norman	FV40		1:19:34
101	630	Peter	Taylor	MV60		1:19:38

102	672	Matt	Yates	MV40		1:20:00
103	638	Nicola	Unsworth	FV45	Blackpool Fylde & Wyre Ac	1:20:09
104	621	Michael	Speak	MV45	Blackburn Road Runners	1:20:11
105	356	David	Wilkinson	MV55	Lancaster & Morecambe Ac	1:20:24
106	573	Laura	Nicholson	F		1:20:25
107	465	David	Cummins	MV45		1:20:43
108	466	Michael	Cummins	MV50		1:20:48
109	691	Dave	Lynan	MV45	Penny Lane Striders	1:21:03
110	423	Stuart	Isherwood	MV60	Lions Running Community	1:21:13
111	679	Doug	Bryden	MV50	Red Rose Road Runners	1:21:25
112	435	Paul	Botham	MV45	Thornton Cleveleys Running Club	1:21:34
113	424	George	Bell	MV60	Blackburn Road Runners	1:21:36
114	596	Gillian	Pryor	FV45	Thornton Cleveleys	1:22:11
115	565	Joanne	Motley	FV35	Clayton-le-moors Harriers	1:22:13
116	700	Graham	Hobson	MV60	Garstang RC	1:22:17
117	713	Neil	Fraser	MV45	Blackburn Road Runners	1:22:23
118	603	Steven	Robinson	MV60	Thornton Cleveleys Running Club	1:22:42
119	682	Sean	Daley	M		1:22:54
120	518	Phil	Horner	MV45	Garstang Rc	1:23:00
121	469	Mark	Davey	MV50	Lancaster Runners	1:23:07
122	443	Richard	Brown	MV65	Harborough Ac	1:23:40
123	671	Ben	Wrigley	MV35	Wesham Road Runners	1:23:59
124	511	Stephen	Hill	MV65	Lion's Running Community	1:24:00
125	712	Lisa	Fraser	FV45	Blackburn Road Runners	1:24:17
126	637	Bernadette	Unsworth	FV50	Horwich Rmi Harriers	1:24:48
127	574	Jill	Nickson	FV50		1:25:06
128	439	Gail Bristo	Bristo	FV45	Red Rose Road Runners	1:25:08
129	657	Tim	Wells	MV55		1:25:08
130	544	David	Mallaby	MV60	Accrington Road Runners	1:25:15
131	680	John	Clucas	MV55	Blackburn Road Runners	1:25:18
132	710	Matt	Bromley	MV45		1:25:26
133	444	Steve	Burgess	MV55	Thornton Cleveleys Running Club	1:25:27
134	677	Emma	Blundell	F	Lonsdale Fell Runners	1:25:43
135	368	Elizabeth	Anderson	F	Garstang Rc	1:25:50
136	492	Kate	Formstone	FV40	Thornton Cleveleys Running Club	1:25:55
137	494	Ian	France	MV55		1:26:08
138	42	Phillip	Bailey	MV40		1:26:11
139	454	Craig	Clark	MV50	Accrington Road Runners	1:26:16
140	562	John	Moore	MV45	Halifax Harriers	1:26:21
141	355	Carol	Douglass	FV70	Red Rose Road Runners	1:26:28
142	665	Mark	Winstanley	M		1:26:43
143	535	Judie	Ko	FV50	Penny Lane Striders	1:26:48
144	34	Rebecca	Bancroft	FV40	Liverpool Running Bugs	1:26:50
145	475	David	Short	MV50	Blackburn Roadrunners	1:26:53
146	504	Brian	Hanley	MV50	Red Rose Road Runners	1:26:58
147	96	Gareth	Atkinson	MV35		1:26:59
148	688	Ian	Hepworth	MV70	Richmond & Zetland	1:27:01
149	430	Gary	Blackburn	M	Blackburn Road Runners	1:27:04
150	386	Jon	Paramor	MV65	Manchester YMCA Harriers	1:27:05
151	552	Finlay	Mccalman	MV50	Wesham Road Runners	1:27:05
152	601	Kate	Rippingale	FV40	Blackburn Road Runners	1:27:09

153	548	Jane	Matthewman	FV35	Blackburn Road Runners	1:27:10
154	572	Jane	Nicholson	FV55	Penny Lane Striders	1:27:17
155	698	David	Twizell	MV60	Blackpool Wyre and Fylde	1:27:23
156	595	Chris	Probert	MV55	Penny Lane Striders	1:27:37
157	678	Kathryn	Bradley	F	Penny Lane Striders	1:27:38
158	604	Simon	Robinson	MV40		1:27:41
159	438	Gary	Bradshaw	MV50	Blackburn Road Runners	1:29:04
160	649	Wendy	Ward	FV45	Red Rose Road Runners	1:29:14
161	628	Lorna	Taylor	FV35	Red Rose Road Runners	1:29:14
162	634	Michelle	Tomlinson	FV55	Thornton Cleveleys Running Club	1:29:19
163	560	Elodie	Minazzi	FV35	Roberttown Road Runners	1:29:23
164	543	Sid	Makinson	MV40	Blackburn Road Runners	1:29:31
165	530	Paul	Jackson	MV65	Accrington Road Runners	1:29:33
166	433	Debbie	Bolton	FV45	Blackburn Road Runners	1:29:58
167	610	Michelle	Sears	FV40	Blackburn Road Runners	1:30:05
168	450	Paul	Carter	MV45	Wesham Road Runners	1:30:08
169	472	Katie	Dawson	FV40	Pennylane Striders	1:30:11
170	559	Alison	Mercer	FV55	Red Rose Road Runners	1:30:12
171	528	Davinia	Jackson	FV35	Thornton Cleveleys Running Club	1:30:13
172	608	Dawn	Saunders	FV45	Thornton Cleveleys Running Club	1:30:13
173	421	Peter	Bartlett	MV70	Wesham	1:30:20
174	622	Jason	Spear	MV50	Lions Running Community	1:30:26
175	556	Georgina	Mcnulty	FV40		1:30:28
176	536	Emanuela	Lawley	F		1:30:41
177	592	Eve	Philippides	F		1:30:42
178	537	Heather	Laycock	FV55	Darwen Running Group	1:31:06
179	614	Tanya	Shaw	FV40	Wesham Road Runners	1:31:19
180	510	Bernard	Higham	MV55		1:31:28
181	557	Claire	Meadows	FV50	Penny Lane Striders	1:31:37
182	545	Nicky	Marham	FV45	Thornton Cleveleys	1:31:43
183	418	Anna	Barcroft	FV55	Blackburn Road Runners	1:31:48
184	471	Brian	Davies	MV50	St Helens Striders	1:31:49
185	629	Kevin	Taylor	MV40		1:31:53
186	561	Heather	Mitchell	FV65	Dewsbury Road Runners	1:32:40
187	632	Howard	Thompson	MV45		1:32:44
188	502	Michael	Hall	MV55	Holmfirth Harriers	1:32:55
189	709	Adrian	Ibison	MV50	Garstang RC	1:33:16
190	448	Leanne	Batty	FV40	Thornton Cleveleys Running Club	1:33:17
191	422	Sarah	Barton	FV35	Thornton-cleveleys Running Club	1:33:17
192	600	Paul	Ridding	MV35		1:33:27
193	643	Paul	Walmsley	MV55	Blackburn Road Runners	1:33:45
194	458	Katy	Cleece	F	Red Rose Road Runners	1:34:26
195	508	Eve	Hart	FV35	Ramsbottom Running Club	1:34:30
196	547	Julia	Martin	FV45	Ramsbottom Running Club	1:34:30
197	517	Claire	Horner	FV40	Garstang	1:34:35
198	442	Cliff	Brown	MV50		1:34:43
199	482	Joe	Edmundson	MV70	Trawden Ac	1:34:45
200	521	Janet	Hoyle	FV60	Accrington Road Runners	1:34:49
201	666	Louise	Withnell	FV45	Red Rose Road Runners	1:34:54
202	590	Lorraine	Pennington	FV45	Darwen Running Group	1:35:09
203	369	Steven	Wilde	MV60	Chorley Athletic & Triathlon Cub	1:35:12

204	612	David	Sharples	MV55		1:35:16
205	553	Dawn	Mccracken	FV50	Lancaster and Morecambe Ac	1:35:17
206	667	Jo	Worswick	FV45	Red Rose Road Runners	1:35:25
207	583	Anne	Oxbrough	FV35	Penny Lane Striders	1:35:29
208	564	Marie	Motley	FV55	Penny Lane Striders	1:35:30
209	501	Peter	Grime	MV50		1:36:01
210	381	Hilary	Bell	FV55	Glossopdale Harriers	1:36:04
211	692	David	Morris	MV55	Blackburn Harriers	1:36:07
212	456	John	Clayton	MV40	Blackburn Road Runners	1:36:40
213	656	Ashley	Weir	MV45	Blackburn Road Runners	1:36:41
214	499	Simon	Goodwin	MV45	Swinton Rc	1:37:32
215	463	Zoe	Crook	FV45		1:37:45
216	453	Jayne	Cheetham	FV50	Warrington Running Club	1:38:04
217	647	Katharine	Warburton	F	Northwich Running Club	1:38:16
218	555	Sandra	Mcgreavy	FV55	Widnes Running Club	1:38:28
219	623	Deborah	Stevenson	FV40	Trawden Ac	1:38:35
220	620	Arthur	Smith	MV65		1:38:42
221	541	Amanda	Mackie	F		1:38:47
222	464	Felicity	Cross	FV60	Preston Harriers	1:38:55
223	513	Jayne	Hodge	FV35		1:39:02
224	625	Rosa	Stuart	FV50		1:39:02
225	522	Peter	Hoyle	MV60	Accrington Road Runners	1:39:27
226	427	Pam	Binns	FV70	Lytham St Annes Rr	1:40:03
227	702	Lynn	Brown	FV45		1:40:29
228	708	John	Howorth	MV65	Wesham Road Runners	1:40:46
229	486	Lucie	Ethell	F		1:40:49
230	607	Daisy	Salt	F		1:40:50
231	594	Julie	Preston	FV45		1:40:59
232	569	Debbie	Myerscough	FV55	Wesham Road Runners	1:41:01
233	655	Joanne	Weir	FV45	Blackburn Road Runners	1:41:53
234	525	Claire	Incutti	FV45	Blackburn Road Runners	1:41:55
235	497	Sylvia	Gittins	FV70	Lytham St Annes Road Runner	1:42:00
236	670	Vikki	Wrigley	FV40	Thornton Cleveleys Running Club	1:42:28
237	585	Gary	Parkinson	MV40	Thornton Cleveleys Running Club	1:42:29
238	532	Kate	James	FV45	Fylde Coast Runners	1:42:41
239	609	Kath	Scaife	FV50	Bentham Beagles	1:43:18
240	578	Angela	Norris	FV60	Thornton Cleveleys	1:43:40
241	660	Sue	Wickham	FV55	Preston Harriers	1:43:42
242	618	Debbie	Slater	FV35		1:44:29
243	527	Karen	Jackson	FV60	Accrington Road Runners	1:44:51
244	523	Kerry	Humphreys	FV50		1:45:25
245	505	Kathy	Hardman	FV55		1:45:27
246	550	Donna	Mazur	FV45	Blackburn Road Runners	1:46:05
247	681	Anneke	Crosby	FV50	Red Rose Road Runners	1:46:21
248	428	Sharon	Birkbeck	FV50	Red Rose Road Runners	1:46:21
249	611	Anees	Shaikh	MV55	Red Rose Road Runner	1:46:22
250	514	Ebba	Hogan	FV45		1:47:03
251	470	Suzanne	Davies	FV55	Trawden Ac	1:47:05
252	488	Clare	Feeney-Johnson	FV45	Women on the Run	1:47:13
253	446	Ruth	Buxton	FV50	Women on the Run	1:47:47
254	589	Freda	Peacock	FV65		1:47:49

255	581	Samantha	O'Ryan	FV50		1:47:50
256	591	Maria	Philippides	FV50		1:47:51
257	425	Donna	Bibby	FV40		1:48:04
258	593	Lisa	Preston	FV45	Lancaster & Morecambe Ac	1:48:43
259	542	Rachael	Makinson	FV45		1:48:44
260	685	Simon	Friar	MV35		1:48:49
261	597	Mark	Pryor	MV45	Thornton Cleveleys	1:51:19
262	538	Karen	Livesey	FV50	Thornton Cleveleys Running Club	1:51:20
263	498	Lyndsey	Glynn	F		1:54:18
264	487	Alison	Fairbairn	F		1:54:19
265	512	Angelia	Hinds	FV60		1:54:34
266	707	Kari	Edwards	FV45	Preston Harriers	1:56:05
267	648	Pat	Ward	FV65		1:59:48
268	674	Tracy	Young	FV50	Preston Harriers	2:02:34
269	491	Catherine	Fletcher	FV60	Thornton Cleveleys Running Club	2:08:43
270	627	Corinne	Surkitit	FV40		2:09:46
271	507	Nadine	Parsons	F	Garstang RC	2:09:50