

Pos	Number	Forename	Surname	Cat	Club	Time
1	3	Jonathan	Cleaver	MV35	Rossendale Harriers	0:55:25
2	991	Neil	Burton	MV45	Horsforth Harriers	0:56:09
3	82	Richard	Howarth	MV45	Horwich Rmi	0:56:17
4	183	Spencer	Shaw	M	U/A	0:57:03
5	266	Paul	Freary	MV50	Belgrave Harriers	0:57:15
6	244	Paul	Bagan	MV40	Warrington Ac	0:57:52
7	279	Chris	Nicoll	MV50	Derby Triathlon Club	0:57:57
8	6	Simon	Collins	MV35	Preston Harriers	0:57:58
9	139	Andrew	Mellor	M	U/A	0:59:23
10	178	Callum	Rowett	M	U/A	0:59:28
11	192	Niall	Smith	M	Halifax Harriers	0:59:48
12	294	Robert	Walsh	MV45	Chorley Athletic and Triathlon Club	1:00:21
13	268	Dean	Hanwell	M	North Endurance	1:00:28
14	147	Paul	Muller	MV60	Northern Masters Ac	1:00:52
15	56	Dan	Grundy	MV40	Trawden Ac	1:02:00
16	917	Dionne	Allen	F	Leigh Harriers	1:02:35
17	980	Adam	Booth	M	Blackburn Road Runners	1:02:59
18	306	Daniel	Merrick	M	Lonely Goat Running Club	1:03:17
19	34	Miras	Eskander	MV40	Northern Masters Athletic Club	1:03:19
20	41	Michael	Forber	MV45	St Helens Tri	1:03:26
21	14	Alex	Curran	M	Blackburn Road Runners	1:03:40
22	269	Paul	Hetherington	MV45	Lonely Goat	1:03:44
23	190	Matt	Simpson	MV35	Blackburn Road Runners	1:04:01
24	187	Robin	Shiels	MV45	U/A	1:04:43
25	246	Matthew	Bishop	MV35	U/A	1:05:01
26	173	Paul	Riley	MV45	Penny Lane Striders	1:05:11
27	114	Chris	Lydon	MV55	Beckenham Rc	1:05:46
28	265	Steven	Forrest	MV45	U/A	1:06:10
29	973	David	Barras	M	Thornton-cleveleys Running Club	1:06:34
30	238	Dominic	Wynn	M	U/A	1:06:39
31	197	Will	Stewart	M	Halifax Harriers	1:06:43
32	11	Tony	Coyne	MV45	Belle Vue Racers	1:07:05
33	254	Kevin	Clark	MV35	Nidd Valley Road Runners	1:07:16
34	1000	April	Caufield	F	Halifax Harriers	1:07:23
35	21	Kenneth	Day	MV40	Kirkby Milers	1:07:29
36	229	Simon	Williams	MV40	Styal Running Club	1:07:49
37	31	Kevin	Dunbar	MV40	St Helens Tri	1:07:57
38	215	Michelle	Vaughan	FV45	Vegan Runners	1:08:09
39	171	Sarah	Ridehalgh	FV40	Accrington Road Runners	1:08:23
40	271	Adam	Howard	MV35	Trawden Ac	1:08:30
41	221	Helen	Ward	FV35	Halifax Harriers	1:09:08
42	15	Sunny	Curwen	MV45	Halifax Harriers	1:09:09
43	16	Ian	Dale	MV55	Royton Road Runners	1:09:17
44	140	Brian	Middleton	MV65	St Helens Striders	1:09:33
45	96	Laurence	Keighley	MV45	Ramsbottom Running Club	1:09:48
46	165	Matt	Prentice	MV45	U/A	1:09:52
47	972	John	Bampton	MV45	Penny Lane Striders	1:09:54
48	115	David	Lynan	MV45	Penny Lane Striders	1:09:58
49	136	Neil	Mcrobert	MV35	Ramsbottom Running Club	1:10:05
50	24	Catherine	Derbyshire	FV40	Accrington Road Runners	1:10:07
51	64	Nigel	Hartley	MV50	Ramsbottom Running Club	1:10:10
52	73	Michael	Hogan	MV50	Clayton Le Moors Harriers	1:10:19
53	112	Jonny	Lister	MV50	Halifax Harriers	1:10:20
54	155	Andrew	Norman	MV40	Ramsbottom Running Club	1:10:25

55	975 Rachael	Beaumont	FV50	Halifax Harriers	1:10:49
56	997 John	Cannon	MV55	Lonely Goat	1:10:52
57	38 Gary	Blackburn	M	Blackburn Road Runners	1:11:07
58	17 Lee	Daley	MV40	Trawden Ac	1:11:12
59	303 James	Cornall	M	Garstang Running Club	1:11:29
60	177 Marc	Rocheteau	MV55	Halifax Harriers	1:11:35
61	282 Felicity	Pawling	F	Penny Lane Striders	1:11:46
62	218 Mike	Walker	MV70	Southport Waterloo Ac	1:11:56
63	98 Alex	Kerry	M	Garstang Running Club	1:12:04
64	193 Dan	Stacey	MV40	Ramsbottom Running Club	1:12:09
65	1 Martin	Chepner	MV40	Ramsbottom Running Club	1:12:21
66	263 Nigel	Foo	MV50	Penny Lane Striders	1:12:27
67	132 Alistair	Mckittrick	MV55	Ramsbottom	1:12:48
68	185 David	Shield	MV50	Ramsbottom Running Club	1:13:17
69	274 Simon	Jones	MV35	Ramsbottom Running Club	1:13:31
70	968 Mike	Atkinson	MV65	Vale Royal Athletic Club	1:13:41
71	861 Jonathan	Wolfendale	MV40	U/A	1:13:43
72	260 Asif	Dar	MV40	U/A	1:14:00
73	102 Ben	Knight	MV40	Ramsbottom Running Club	1:14:20
74	61 Christopher	Hargreaves	MV35	Red Rose Road Runners	1:14:20
75	262 Samantha	Edwards	F	Red Rose Road Runners	1:14:21
76	984 Jimmy	Bottomley	MV55	U/A	1:14:36
77	169 Gillian	Pryor	FV45	Thornton Cleveleys Running Club	1:14:57
78	113 Vanessa	Lobb	F	Ramsbottom Running Club	1:15:03
79	289 Alan	Stewart	MV60	Garstang Runners	1:15:23
80	310 Steven	Tyson	MV50	U/A	1:15:42
81	63 Julia	Hartley	FV45	Accrington Road Runners	1:16:13
82	983 Paul	Botham	MV45	Thornton Cleveleys Running Club	1:16:23
83	8 Dean	Corrie	MV35	Ramsbottom Running Club	1:16:28
84	285 Nigel	Rigg	MV55	Halifax Harriers	1:16:29
85	138 Ken	Mellis	MV40	U/A	1:16:31
86	209 Pamela	Thurtle	FV40	Penny Lane Striders	1:16:31
87	272 David	Howard	MV60	Trawden Ac	1:16:33
88	74 Barbara	Holmes	FV60	Lsarrc	1:16:36
89	49 Ian	Giles	MV40	Halifax Harriers	1:16:37
90	283 Janette	Rayton	FV40	Red Rose Road Runners	1:16:42
91	988 Christine	Brook	FV55	U/A	1:17:00
92	149 Steve	Murphy	MV45	Red Rose Road Runners	1:17:04
93	76 Paul	Hopkinson	MV60	Halifax Harriers	1:17:06
94	277 Sean	Morland	MV40	Halifax Harriers Ac	1:17:11
95	104 Shane	Knott	MV40	Penny Lane Striders	1:17:15
96	68 Lesley	Heyes	FV50	Ramsbottom Running Club	1:17:17
97	896 Jayne	Perry	FV35	Garstang RC	1:17:41
98	248 Martin	Brady	MV55	Clayton Le Moors Harriers	1:17:46
99	119 Sid	Makinson	MV45	Blackburn Road Runners	1:17:50
100	986 Gary	Bradley	MV45	Ramsbottom Running Club	1:17:52
101	302 Steven	Lenihan	MV40	Ramsbottom Running Club	1:17:58
102	239 Matt	Yates	MV45	U/A	1:18:46
103	123 Jane	Matthewman	FV35	Blackburn Road Runners	1:18:52
104	290 Mark	Taylor	MV40	Darwen Dashers Running Club	1:18:57
105	85 Emily	Ingham	F	Red Rose Road Runners	1:19:27
106	157 Graham	Openshaw	MV40	Garstang Running Club	1:19:28
107	311 Janice	Davies	FV45	Clayton Harriers	1:19:30
108	292 Rob	Wallace	M	Wesham Road Runners	1:19:42
109	205 Peter	Taylor	MV60	U/A	1:19:48

110	295 Nicola	Watson	FV45	U/A	1:19:53
111	276 David	Marsh	MV55	Southport Waterloo Ac	1:20:22
112	78 Derick	Hornby	MV45	U/A	1:20:24
113	878 Rod	Scholes	MV75	Barnsley AC	1:20:31
114	257 Anneke	Crosby	FV50	Red Rose Road Runners	1:20:48
115	245 Duncan	Beattie	MV50	Thornton Cleveleys	1:20:57
116	745 John	McDonald	MV55	Trawden AC	1:21:14
117	296 Stephen	Wise	MV55	Lytham St Annes Rr Club	1:21:35
118	80 Jody	Horth	MV40	Beverley Ac	1:21:48
119	10 Sharon	Cousen	FV45	Halifax Harriers	1:21:50
120	170 Darryl	Quantz	MV45	U/A	1:21:58
121	911 Sam	Akerstrom	M	Ramsbottom Running Club	1:22:04
122	287 Helen	Simpson	FV45	U/A	1:22:10
123	75 Jennifer	Hopkinson	FV50	Halifax Harriers	1:22:12
124	258 Sam	Dalley	M	Ramsbottom Running Club	1:22:15
125	223 Stuart	Watts	MV40	Ramsbottom Running Club	1:22:16
126	247 Emma	Blundell	F	Lonsdale Fell Runners	1:22:26
127	127 Graeme	Mcdonald	MV50	Ramsbottom Running Club	1:22:35
128	19 Helen	Davies	FV50	Widnes Wasps Lrc	1:22:42
129	148 Fiona	Murphy	FV60	Halifax Harriers	1:22:55
130	301 Sophie	Uttley	F	Thornton Cleveleys Running Club	1:23:01
131	288 John	Southworth	MV55	Ramsbottom Running Club	1:23:07
132	129 Paul	Mckenny	MV55	U/A	1:23:14
133	974 Kate	Barras	FV40	Thornton-cleveleys Running Club	1:23:15
134	71 Jacqueline	Higgins	FV50	U/A	1:23:20
135	39 Sarah	Barton	FV35	Thornton Cleveleys Running Club	1:23:30
136	874 Stephen	Perry	MV60	Lancaster & Morecambe	1:23:44
137	144 Jocelyn	Morgan	FV50	U/A	1:23:51
138	182 Emma	Sharples	FV35	U/A	1:23:57
139	998 Stephen	Carr	MV40	U/A	1:23:57
140	299 Jenny	Shepherd	F	Thornton Cleveleys Running Club	1:24:14
141	280 Kevin	Nolan	MV45	U/A	1:24:14
142	116 Elizabeth	Lynch	FV55	U/A	1:24:38
143	291 Rebecca	Varnouse	FV35	Penny Lane Striders	1:24:41
144	941 Vicky	Ardern	FV45	Red Rose Road Runner	1:24:45
145	926 Ben	Ardern	MV40	U/A	1:24:46
146	44 Lee	Ford	MV45	Trawden Athletic Club	1:24:53
147	220 John	Walshe	MV65	Road Runners Club	1:24:56
148	281 Matthew	Nunn	MV40	U/A	1:24:58
149	312 Brian	Adams	MV50	Fife AC	1:25:21
150	284 Geoff	Read	MV65	Helsby	1:25:26
151	146 Julie	Moses	FV50	Widnes Wasps Lrc	1:25:31
152	92 Dyfan	Jones	MV40	U/A	1:25:33
153	256 Benjamin	Crook	M	U/A	1:25:36
154	111 Michele	Lindsay	FV55	Ladies Widnes Wasps	1:25:53
155	126 Rachel	Mccauley	F	Halifax Harriers	1:25:59
156	152 Jane	Nicholson	FV55	Penny Lane Striders	1:26:03
157	261 Michael	Devereux	MV70	Penny Lane Striders	1:26:17
158	982 Yvonne	Booth	FV45	Ramsbottom Running Club	1:26:19
159	2 Colette	Clarkson	FV50	Fylde Coast Runners	1:26:29
160	143 John	Moore	MV45	Halifax Harriers	1:26:41
161	13 Silvia	Cray	FV45	U/A	1:26:42
162	996 Janet	Campbell	FV55	Ramsbottom Running Club	1:26:44
163	12 Phil	Cray	MV55	Garstang Running Club	1:26:46
164	86 Judi	Ingham	FV45	Red Rose Road Runners	1:26:59

165	109 Karen	Leach	FV40	Ramsbottom Running Club	1:27:21
166	168 Chris	Probert	MV55	Penny Lane Striders	1:27:31
167	120 David	Mallaby	MV60	Accrington Road Runners	1:27:44
168	970 Phillip	Bailey	MV40	U/A	1:28:04
169	36 Helen	Finn	FV60	Ivanhoe Runners	1:28:18
170	37 John	Finn	MV50	Hatton Darts	1:28:19
171	110 Caroline	Lightfoot	FV35	U/A	1:28:23
172	307 Elizabeth	Anderson	F	Garstang Running Club	1:28:38
173	249 Paul	Brogden	MV45	Freck & Warton Running Club	1:28:52
174	106 Judie	Ko	FV50	Penny Lane Striders	1:29:03
175	66 Rebecca	Heron	FV35	U/A	1:29:06
176	72 Bernard	Higham	MV60	U/A	1:29:34
177	305 Arthur	Smith	MV65	U/A	1:29:36
178	69 Vicky	Heys	FV45	Clayton Harriers	1:29:37
179	176 Irene	Roche	FV60	Clayton Le-moors Harriers	1:29:38
180	200 Joanne	Sutherland	FV40	Penny Lane Striders	1:29:52
181	145 Phil	Morton	MV45	Ramsbottom Running Club	1:29:54
182	4 John	Clucas	MV55	Blackburn Road Runners	1:29:59
183	33 Jane	Emanuel	FV50	Ramsbottom Running Club	1:30:03
184	141 Pauline	Moorcroft	FV60	Red Rose Road Runners	1:30:11
185	166 Catherine	Preston	FV45	U/A	1:30:11
186	252 Andrew	Burrell	MV45	Garstang Running Club	1:30:14
187	42 Deborah	Ford	FV50	Beckenham Rc	1:30:21
188	227 Neil	Wharmby	MV55	Ramsbottom Running Club	1:30:36
189	7 Sacha	Cooper	FV45	Ramsbottom Running Club	1:30:59
190	160 David	Parrington	MV45	Halifax Harriers	1:31:04
191	62 Eve	Hart	FV35	Ramsbottom Running Club	1:31:25
192	993 Ann	Butler	FV55	Ramsbottom Running Club	1:31:25
193	184 Catherine	Shield	FV50	Ramsbottom Running Club	1:31:26
194	94 Russell	Jones	MV50	Thornton Cleveleys Running Club	1:31:30
195	40 Christine	Forber	FV45	St Helens Tri	1:31:43
196	879 Peter	Costello	MV60	Blackburn RR	1:31:49
197	65 Gill	Hayes	FV55	Thornton Cleveleys Running Club	1:31:50
198	194 Emily	Stapleton	FV45	Lancaster & Morecambe Ac	1:31:56
199	225 Joanne	Weir	FV50	Blackburn Road Runners	1:32:14
200	83 Adrian	Ibison	MV50	Garstang Running Club	1:32:20
201	253 Linda	Chadderton	FV45	Lytham St Annes Road Runners	1:33:02
202	18 Brian	Davies	MV50	St Helens Striders	1:33:08
203	236 Emma	Wright	FV40	Wesham Road Runners	1:33:29
204	985 Sharron	Boylan	FV40	time2run	1:33:47
205	156 Jackie	Oakes	FV45	time2run Events	1:33:48
206	286 Anees	Shaikh	MV55	Red Rose Road Runner	1:33:50
207	90 Emma	Johnston	FV35	U/A	1:33:52
208	100 Christopher	Kirkbride	MV60	Halifax Harriers	1:33:55
209	60 Setareh Layla	Hardman	FV35	U/A	1:33:57
210	275 Richard	Lord	MV50	Rrc	1:34:00
211	150 Kieran	Myles	MV40	Ramsbottom Running Club	1:34:06
212	137 Claire	Meadows	FV50	Penny Lane Striders	1:34:14
213	70 Jillian	Heywood	FV45	Royton Road Runners	1:34:49
214	992 Stephen	Buston	MV50	Thornton Cleveleys Running Club	1:35:00
215	117 Amanda	Mackie	F	U/A	1:35:02
216	232 Louise	Withnell	FV45	Red Rose Road Runners	1:35:17
217	293 Paul	Walmsley	MV60	Blackburn Road Runners	1:35:40
218	172 Lisa	Riley	FV50	U/A	1:35:46
219	212 Francesca	Twentyman	FV35	U/A	1:35:46

220	235 Darren	Worthington	M	U/A	1:35:47
221	54 Karen	Grindrod	FV40	Ramsbottom Running Club	1:35:49
222	135 Marissa	Mcphillips	FV45	Ramsbottom Running Club	1:35:51
223	46 Melanie	Foster	FV50	Thornton Cleveleys Running Club	1:36:05
224	234 Jo	Worswick	FV50	Red Rose Road Runners	1:36:15
225	122 Bev	Mason	FV50	Thornton Cleveleys Running Club	1:36:25
226	175 Steven	Robinson	MV60	Thornton Cleveleys Running Club	1:36:26
227	255 Mary	Conway	FV60	Red Rose Road Runners	1:36:42
228	89 Mike	Jeffryes	MV50	Red Rose Road Runners	1:36:45
229	224 Ashley	Weir	MV50	Blackburn Road Runners	1:36:57
230	23 Janine	Denney	FV50	Thornton Cleveleys Running Club	1:37:24
231	22 Colin	Denney	MV60	Thornton Cleveleys Running Club	1:37:25
232	267 Erika Dawn	Grech	FV55	Blackburn Road Runners	1:37:34
233	995 Zoe	Cain	F	Red Rose Road Runners	1:37:36
234	210 Janet	Tomkinson	FV55	U/A	1:37:37
235	969 Stephanie	Atkinson	F	Red Rose Road Runners	1:37:47
236	979 Carl	Boardman	MV45	Garstang Running Club	1:37:51
237	259 Angela	Dallinger	FV40	Red Rose	1:37:52
238	309 Alison	Mercer	FV55	Red Rose Road Runners	1:37:56
239	151 Paul	Naylor	MV45	U/A	1:38:00
240	93 Richard	Jones	MV45	Ramsbottom Running Club	1:38:01
241	204 Peter	Taylor	MV45	Ramsbottom Running Club	1:38:01
242	304 Jo	Roberts	FV50	Red Rose Road Runners	1:38:07
243	198 Karen	Street	FV50	U/A	1:38:15
244	278 Christopher	Nelson	MV55	Nidd Valley Road Runners	1:38:22
245	57 Susan	Hall	FV70	Halifax Harriers	1:39:25
246	191 Karen	Smith	FV40	Red Rose Road Runners	1:39:42
247	52 Mark	Gray	MV45	Fylde Coast Runners	1:39:50
248	237 Vikki	Wrigley	FV40	Thornton Cleveleys Running Club	1:40:07
249	298 Lynn	Shaw	FV50	Thornton-cleveleys Running Club	1:40:13
250	154 Eunice	Nopondo	FV55	Penny Lane Striders	1:40:34
251	297 Ross	Wood	MV75	U/A	1:41:12
252	27 Janet	Doherty	FV55	U/A	1:41:29
253	216 Louise	Wainwright	FV50	Thornton Cleveleys Running Club	1:41:36
254	35 Michelle	Eyres	FV55	Saltaire Striders	1:41:51
255	162 Jeffrey	Pendlebury	MV55	Ramsbottom Running Club	1:42:12
256	50 Sylvia	Gittins	FV70	Lytham St Annes Road Runner	1:42:18
257	186 Luisa	Shield	F	Ramsbottom Running Club	1:42:36
258	153 Rachel	Noonan	FV45	U/A	1:43:22
259	28 Jeanne	Duffy	FV50	U/A	1:43:23
260	731 Hilary	Bell	FV55	Glossopdale Harriers	1:43:23
261	99 Anne-Marie	Killeen	FV55	Stainland Lions	1:43:35
262	308 Claire	Gibb	FV45	Garstang Running Club	1:44:39
263	133 Debi	Mcmillan	FV45	Penny Lane Striders	1:45:19
264	167 Julie	Preston	FV45	U/A	1:45:29
265	242 Faisal	Ali	M	Red Rose Road Runners	1:45:31
266	243 Emily	Atkinson	F	Red Rose Road Runners	1:45:31
267	161 Christine	Pendlebury	FV55	Ramsbottom Running Club	1:46:11
268	87 Carmen	Jackson	FV50	U/A	1:46:34
269	981 Sam	Booth	FV45	Ramsbottom Running Club	1:46:38
270	88 Gina	Jackson	F	Ramsbottom Running Club	1:46:39
271	894 Aysha	Begum	F	Blackburn RR	1:47:19
272	971 Kathleen	Brayshaw	FV70	Blackburn RR	1:47:23
273	158 Samantha	O'Ryan	FV50	U/A	1:48:10
274	164 Maria	Philippides	FV50	U/A	1:48:10

275	79 Sharon	Hornby	FV45	U/A	1:50:01
276	131 James	Mckenzie	MV40	U/A	1:50:06
277	26 Beverley	Dobson	FV35	Ramsbottom Running Club	1:50:36
278	163 Sheila	Pepper	FV65	Saltaire Striders	1:51:30
279	20 Suzanne	Davies	FV55	Trawden Ac	1:52:01
280	43 Diane	Ford	FV45	Trawden Athletic Club	1:52:02
281	233 Catherine	Wormleighton	FV45	U/A	1:52:15
282	189 Helen	McVey	FV45	Ramsbottom Running Club	1:52:47
283	118 Helen	Maginn	FV50	U/A	1:54:59
284	32 Aileen	Eaves	FV55	Thornton Cleveleys Running Club	1:55:49
285	196 Zoe	Stevenson	F	U/A	1:56:56
286	213 Isabel	Urquhart	F	Ramsbottom Running Club	1:57:07
287	214 Rosalind	Urquhart		U/A	1:57:08
288	978 Ann	Boardman	FV45	Garstang Running Club	1:57:10