

## Garstang Gallop Results 17 March 2024

Pos	Number	Forename	Surname	Cat	Club	Time
1	920	Joe	Beech	M	Preston Harriers	0:37:01
2	946	Adam	Wilding	M	Wesham Road Runners	0:39:42
3	500	David	Fazakerley	M	Liverpool Running Club	0:41:37
4	479	Jamie	Houghton	M	Wesham Road Runners	0:42:51
5	918	Dan	Paton	MV45	Blackburn Road Runners	0:43:36
6	935	Steven	Calderwood	MV50	Chorlton Runners	0:44:30
7	923	David	Davies	MV35	Clayton-le-Moors Harriers	0:44:40
8	993	Sam	Lawrence	MV40	Riversway Road Runners	0:46:09
9	489	Simon	Hall	MV45	Thornton Cleveleys Running Club	0:46:19
10	965	Carl	Groome	MV55	Wesham Road Runners	0:46:59
11	933	Christian	Waller	MV45	Rosendale Harriers	0:47:16
12	932	David	Cairns	MV55	Unattached	0:47:26
13	867	Paul	Brackley	MV35	Unattached	0:48:02
14	960	Gary	Atkinson	MV50	Lancaster & Morecambe AC	0:48:36
15	937	Marc	Potter	MV45	Riversway Road Runners	0:48:44
16	919	Peter	Hewitt	MV40	Garstang Running Club	0:48:46
17	802	Michael	Evans	M	Unattached	0:49:04
18	968	Dominic	Read-Garrett	M	Lytham St Anne's Road Runners	0:49:42
19	922	Tom	Rigby	MV35	Unattached	0:50:14
20	938	Chris	Clark	MV40	Unattached	0:50:21
21	964	Stuart	Sanders	MV40	Red Rose Runners	0:50:31
22	811	Max	Bryden	M	Unattached	0:50:50
23	950	John	Welshman	MV60	Unattached	0:51:10
24	484	Dave	Heslop	MV60	Garstang Running Club	0:51:23
25	979	Ian	Nichols Hogg	M	Wesham Road Runners	0:51:50
26	355	Dominic	Clayton	MV45	Ribble Valley Runners	0:52:14
27	957	Tony	Smith	MV55	Thornton Cleveleys Running Club	0:52:19
28	463	Gary	Dewhurst	MV45	Unattached	0:52:27
29	954	Heather	Travis	FV50	Glaxo Hoad Hill Harriers	0:52:29
30	958	Andy	Smith	M	Unattached	0:52:52
31	969	Ben	Ransome	MV50	Lancaster & Morecambe AC	0:53:02
32	926	Dan	Winstanley	MV40	Unattached	0:53:16
33	978	Dawn	Painter	FV50	Garstang Running Club	0:53:22
34	981	Tracey	Mullan	FV50	Thornton Cleveleys Running Club	0:53:30
35	927	Jayne	Dandy	FV50	Garstang Running Club	0:53:35
36	972	James	Andrew	M	Unattached	0:53:43
37	936	Jayne	Perry	FV40	Garstang Running Club	0:54:00
38	481	Aimee	Holding	FV40	Garstang Running Club	0:54:14
39	998	Nat	Kerray	MV40	Red Rose Runners	0:54:16
40	956	Alison	Taberner	FV40	Garstang Running Club	0:54:31
41	987	Christina	McGuire	FV60	Lancaster & Morecambe AC	0:54:39
42	911	Richard	Barnes	MV40	Preston Harriers	0:55:10
43	493	Antony	Genovese	MV55	Unattached	0:55:38
44	486	Dave	Harrison	MV40	Unattached	0:55:57
45	971	Ellis	Quinn	F	Unattached	0:56:16
46	470	Alice	Davies	FV40	Lancaster & Morecambe AC	0:56:52
47	984	Tim	Mitchell	MV35	Unattached	0:57:11
48	943	Lewis	Wilkinson	M	Unattached	0:57:14

49	490	Dave	Greene	MV50	Thornton Cleveleys Running Club	0:57:15
50	491	Matt	Greenall	M	Unattached	0:57:17
51	492	Tom	Graham	M	Unattached	0:57:47
52	824	Tyler	Blackburn	M	Unattached	0:57:49
53	401	Jade	Earley	F	Fylde Coast Runners	0:57:56
54	939	Stephen	Yates	MV35	Unattached	0:58:17
55	961	John	Austin	M	Glaxo Hoad Hill Harriers	0:58:42
56	989	Roxanne	McAllister	FV35	Thornton Cleveleys Running Club	0:58:55
57	472	Michael	Carey	MV40	Thornton Cleveleys Running Club	0:59:18
58	925	Miriam	Maher	FV50	Lancaster & Morecambe AC	0:59:23
59	966	Steven	Robinson	MV65	Thornton Cleveleys Running Club	1:00:02
60	810	Doug	Bryden	MV55	Red Rose Runners	1:00:15
61	962	Laurence	Shackleton	MV45	Garstang Running Club	1:00:19
62	400	Neil	Edwards	MV60	Lancashire Constabulary Athletics Club	1:00:31
63	953	Neil	Ward	MV65	Glaxo Hoad Hill Harriers	1:00:36
64	991	Robbie	Maddison	MV35	Unattached	1:00:42
65	478	John	Houghton	MV60	Run Sandymoor	1:01:04
66	944	Beverley	Wilding	FV60	Wesham Road Runners	1:01:38
67	976	Carrie	Parkinson	FV40	Unattached	1:01:41
68	477	Adrian	Ibison	MV55	Garstang Running Club	1:01:49
69	974	Becky	Platt	F	Unattached	1:01:59
70	994	Chi Lam	Law	MV40	Unattached	1:02:01
71	952	Bill	Watts	MV60	Riversway Road Runners	1:02:26
72	437	Rachel	Dioni	FV40	Glaxo Hoad Hill Harriers	1:02:27
73	798	Luke	Adams	M	Unattached	1:02:44
74	955	Julie	Thorley	FV55	Red Rose Runners	1:02:54
75	404	Leanne	Batty	FV45	Thornton Cleveleys Running Club	1:03:38
76	931	Robert	Wilson	MV55	Lonely Goat	1:03:42
77	865	Christopher	Bligh	MV60	Thornton Cleveleys Running Club	1:03:45
78	934	Paul	Travis	MV45	Unattached	1:04:48
79	494	Matthew	Gallagher	MV35	Unattached	1:05:34
80	358	Elaine	Clifford	FV55	Beeston Ac	1:05:43
81	483	Rebecca	Hodgson	F	Unattached	1:05:47
82	346	James	Carter	MV50	Garstang Running Club	1:05:56
83	376	George	Done	M	Unattached	1:06:31
84	973	Sarah	Pope	FV40	Garstang Running Club	1:06:47
85	999	Joanne	Kerr	FV40	Unattached	1:06:54
86	942	Chloe	Bardsley	F	Unattached	1:06:54
87	970	Molly	Quinn	F	Unattached	1:07:46
88	418	Ellie	Costain	F	Unattached	1:07:47
89	397	Connor	Dalton	M	Unattached	1:07:47
90	959	Jenny	Shepherd	FV35	Thornton Cleveleys Running Club	1:08:15
91	350	Paul	Carter	MV50	Wesham Road Runners	1:08:32
92	450	Gurbaksh	Dhillon	FV45	Lancaster & Morecambe AC	1:08:42
93	975	Steve	Perry	MV65	Lancaster & Morecambe AC	1:08:42
94	917	Elle	Morse	F	Unattached	1:08:43
95	921	Euan	Morse	M	Unattached	1:08:43
96	940	Vikki	Wrigley	FV45	Thornton Cleveleys Running Club	1:08:48
97	980	Abigail	Mullen	F	Unattached	1:09:08
98	924	Frank	Miller	MV75	Garstang Running Club	1:09:13
99	988	Matthew	McCallion	M	Unattached	1:09:29

100	949	Janet	Whiteside	FV50	Unattached	1:09:46
101	990	Mari	Afshari	FV55	Unattached	1:09:49
102	813	Catherine	Campbell	FV45	Riversway Road Runners	1:10:06
103	485	Paula	Herbert	FV55	Glaxo Hoad Hill Harriers	1:10:30
104	488	Nichola	Hammond	FV40	Unattached	1:10:42
105	385	Fiona	Dridge	FV45	Thornton Cleveleys Running Club	1:10:55
106	948	Andy	Whitlam	MV65	Thornton Cleveleys Running Club	1:11:12
107	986	Adrian	Melton	MV75	Accrington Road Runners	1:11:34
108	995	Wai Man	Lam	MV50	Unattached	1:12:14
109	351	Keith	Chan	MV40	Unattached	1:12:14
110	945	Anne	Bagshaw	FV55	Garstang Running Club	1:12:23
111	928	Billy	Gardener	MV65	Lancaster & Morecambe AC	1:12:24
112	996	Andrew	Kinder	MV55	Unattached	1:12:59
113	498	Abby	Fletcher	FV35	Unattached	1:13:48
114	983	Danielle	Moores	FV35	Unattached	1:13:49
115	985	Mas	Afshari	MV60	Unattached	1:17:06
116	746	Kasra	Afshari	M	Unattached	1:17:07
117	497	Catherine	Ford	FV55	Fordy Runs Running Club	1:17:15
118	495	Anthony	Fulop	MV60	Burnden Road Runners	1:19:53
119	482	Leah	Hogarth	F	Unattached	1:21:33
120	941	John	Wiseman	MV55	Red Rose Runners	1:21:58
121	496	David	Ford	MV40	Unattached	1:26:48
122	977	Julia	Park	FV50	Unattached	1:27:21
123	930	Bronwen	Macdonald	FV55	Unattached	1:28:20
124	929	Leeza	Young	FV50	Unattached	1:28:21
125	992	Rebecca	Linford	F	Unattached	1:29:48
126	1000	Carly	Jackson	FV35	Unattached	1:33:33
127	982	Paul	Moss	MV65	Garstang Running Club	1:33:35