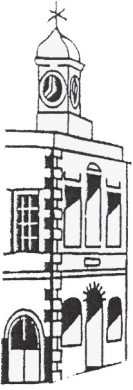


GARSTANG RUNNING CLUB

www.garstangrc.co.uk – also on Facebook and Twitter

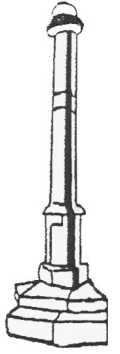


The 37th GARSTANG HALF MARATHON

Established 1987 and still as scenic!

SUN 1st Sept, 2024 10.15 am

Note the new start time!



Race HQ at Garstang Sports Club, PR3 1EB - **No Parking for Runners**

Use High Street or Leisure Centre Car Parks and register at Race HQ.

Undulating (with the odd hill!) scenic one lap course

Not suitable for wheelchairs. No dogs.

Run under UKA Rules – NO in-ear headphones

PRIZES: 1st, 2nd, 3rd male and female; MV40, 45, 50, 55, 60, 65, 70, 75 and 80+

FV35, 40, 45, 50, 55, 60, 65, 70 and 75+

Male Team (4 fastest) and Female Team (3 fastest)

Race limit 300. Entries on the day up to race limit if available.



ONE PRIZE PER RUNNER (except Team)– MEMENTO FOR ALL FINISHERS

On-line entries available on www.ukresults.net (see calendar)

FEES: AFFILIATED £15.00 UNATTACHED £17.00 (plus online admin fee)

Entries on the day will be £18 and £20 respectively